



March, 2023

Campus Chronicles

READ.
LIVE.
INSPIRE.



From the Desk.

A woman is full circle. Within her lies the power to create, nurture and transform.

Women's Day is a day that celebrates being a woman. It's a time to reflect on and recognise the contributions of every woman at all levels of the organisation and show genuine appreciation in whatever way possible. This day is a solid reminder that the resilience and strength of a woman can overcome any obstacles to achieve greatness.

As they say, a strong woman does not wilt, she blooms wherever you take her, root her and plant her. She spends a huge amount staying at her parents' only to leave that house one day for his spouse and considers that second home as her first and primary responsibility. From keeping the home safe and clean to portraying excellent outcomes in the workplace, women can do it all. Their capabilities must not be underestimated based on their gender, and they should be given equal opportunity to display their talents.

There is no stone a woman cannot turn. Women today are working in all the streams of businesses alongside men. They are taking the control of their reigns of their life and managing to make decisions with regards to education,

career, profession and lifestyle. Having financial independence allows them to be confident to be the leader of their own life and create their own identity, be it inside their home or to the world outside.

They are equally stepping into diverse professions to prove that they are no less than anyone in any respect. But while doing so, they are striking a perfect balance between their commitment to their work and towards their family and household chores. I am elated, that's the beauty of women, how wonderfully they multitask!! They have a tendency to undertake multiple roles at once with remarkable harmony and ease. This adds to their self esteem and makes them able to gain a position of respect in society due to which they are able to make meaningful contributions to make the world a better place to live in.

Their hunger for their position in the society has resulted in making them shine in all spheres of the world. She has been recognised for her contributions in all the sectors. Women like Indira Noui, Sunita Williams, Kalpana Chawala, Sania Mirza and more have shown the world that if given wings, women can fly as high as they can to touch the moon.

Ms. Mehak Sharma

Coordinator - Student Affairs Department



02 Articles from Students

04 Articles from Staff & Faculties

06 Events at Campus

07 Campus Placement

08 Placement Feedback

09 Fun Corner

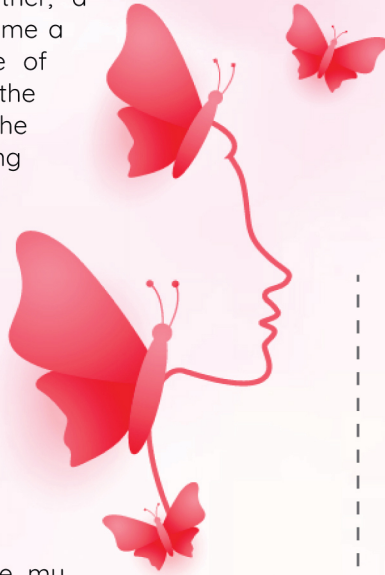
MARCH 8TH
WOMEN'S
DAY

Significant role in shaping the person!

Women have played a significant role in shaping the person I am today, both in my personal and professional life. My mother, a stay-at-home mom, instilled in me a love of learning and a sense of responsibility. She taught me the value of hard work and the importance of taking responsibility for my actions. In my professional life, I have been fortunate to work alongside many talented and accomplished women who have served as role models and mentors. They have challenged me to reach my full potential, taught me the importance of perseverance, collaboration, and leadership, and encouraged me to pursue my goals. Women bring unique strengths and perspectives to the table, including natural collaboration, communication, and grace under pressure. As we celebrate International Women's Day, it is important to recognize and appreciate the countless women who have helped us become who we are today. We must continue advocating for gender equality and supporting and empowering the women in our lives and communities, so that we can work towards a world where women are treated equally and given equal opportunities to succeed.



Sippu Jha
ATHE Level 4 Diploma in
Computing



Golden Threads of Inspiration: Women Who Empower and Motivate

In the tapestry of my life, these women have left their mark, Their golden threads, a kaleidoscope of love, care, and courage that spark. Their legacy, a heritage to cherish and uphold, Their love, an enduring gift that never grows old.

Today, I speak of those who have touched me the most, Whose love, care, and strength, I have cherished and engrossed.

My mother, a red velvet ribbon, her love and care abound, Her nurturing hands, a sanctuary where love and joy are found, Her teachings, a treasure trove, a legacy to always hold, Her strength and resilience, a powerful force that awoke, The warrior within me, the one who fights for what's right, The one who stands tall and proud, refusing to take flight.

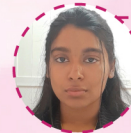
As a child, I had a friend, sweet memories so dear, Her laughter and warmth, a comfort that was always near, In a world so strange and new, she made me feel at ease, Her kindness, a light that lit up all my uncertainties. Her friendship, a gift that has stood the test of time's ravine.

My childhood teacher, a well of knowledge, Her lessons, a priceless college, She gave me wings to learn and grow, Her passion, forever aglow.

A woman of strength, my Grand aunt, Courageous and determined, to any length, Incense smoke, her fragrance lingers, a touch that forever stays, Her strength, a symbol of power, inspiring in so many ways.

These women have contributed so much to my journey so far, With their love, care, and strength, they've helped me reach for the stars.

In the tapestry of my life, they are the threads that never fade, Their beauty and resilience, a masterpiece that will forever be displayed.



Anne Nimesha Johnpullay
BBA in International Business

Origin of International Women's Day!

International Women's Day is a global day celebrated yearly on March 8 to draw attention towards issues such as gender equality, reproductive rights, and violence and abuse against women.

International Women's Day emerged from labour movements in North America and Europe during the early twentieth century, fuelled by the universal female suffrage movement.

The first version was allegedly a "Women's Day" organised by the Socialist Party of America on February 28, 1909 in New York City. This prompted German delegates at the 1910 International Socialist Women's Conference to propose that "a special Women's Day" be organised annually, albeit without a specific date;[8] the following year saw the first demonstrations and commemorations of International Women's Day across Europe. After women gained suffrage in Soviet Russia in 1917 (the beginning of the February Revolution), International Women's Day was declared a national holiday on March 8; it was later observed by the socialist movement and communist countries

on that date. Until the late 1960s, the holiday was associated with far-left movements and governments. It was then adopted by the global feminist movement. Following the adoption of International Women's Day by the United Nations in 1977, it became a mainstream global holiday.

International Women's Day is observed in a variety of ways around the world; it is a public holiday in some countries and is observed socially or locally in others to celebrate and promote women's achievements.

The UN observes the holiday in connection with a specific issue, campaign, or theme in women's rights. In some parts of the world, International Women's Day is still marked by protests and calls for radical change; in others, particularly in the West, it is largely sociocultural and centred on a celebration of womanhood.



Tanisha Sikri
Athe Level 4 Events Management

“Women Oh Women”

Women, oh women, how much you have done,
In shaping my life, your contributions are second to none.
From the moment of my birth, you have been there,
Nurturing and guiding me with love and care.

My mother, the first woman in my life,
Taught me to be kind, compassionate, and strive,
To be the best version of myself, to never give up,
And always to believe in my abilities, to never give up.

My grandmother, with her wisdom and grace,
Showed me the importance of tradition and a steady pace,
And how to appreciate life's simple pleasures,
Like a warm meal and family gatherings, that remain in memories forever.

My aunt, with her vibrant personality and drive,
Taught me to be courageous and take chances to thrive,
And never let anyone limit my potential,
To dream big and make my own destiny essential.

My sister, with her endless laughter and support,
Encouraged me to explore and try things I thought I couldn't afford,
To take risks and learn from my mistakes,
And never to forget that life's journey is about the joy it makes.

Women, oh women, I owe you all so much,
For the lessons, you taught me, that life's not just about luck,
And to remember that we all need each other,
For our different talents and strengths to flourish and discover.

So to all the women in my life, past, and present,
Thank you for your contributions, which are immeasurably significant,
And may I continue to learn and grow,
Inspired by your legacies, that make my life so rich, full and glow.



As a language model, I don't have personal experiences, but I can certainly speak to the tremendous impact women have had on the world and the ways in which they have contributed to the lives of individuals everywhere.

Women have made significant contributions to society, from scientific and technological advancements to cultural and artistic achievements. Their influence can be seen in all areas of life, and they have played a critical role in shaping our world as we know it today.

In my opinion, one of the most significant ways women have contributed to my life is through their advocacy for gender equality and women's rights. By fighting for equal rights and opportunities, women have paved the way for future generations to succeed, regardless of gender.

Moreover, women have also played a crucial role in my education and personal growth. As teachers, mentors, and role models, they have inspired me to pursue my goals and to never give up on my dreams. Their guidance and encouragement have been invaluable to me, and I know that many others have also benefited from their wisdom and support.

In conclusion, women have made an enormous contribution to my life and to the lives of people everywhere. Their impact can be seen in all aspects of society, and their influence continues to inspire and empower individuals to achieve their full potential. On this Women's Day, we celebrate the achievements of women and the ongoing struggle for gender equality, and we honour the women who have made such a difference in our lives.



Sadman Sakif Ratul
ATHE Level 3
Foundation Diploma in Business

Women's contribution in my life!



Women have played a vital role in shaping my life, influencing me in various ways and inspiring me to become the person I am today. From my mother, who nurtured and supported me throughout my childhood, to my female mentors and friends who have encouraged and challenged me to grow, women have had a profound impact on my life.

One of the most important roles that women have played in my life is that of a caregiver. My mother was my primary caregiver when I was a child, providing me with love, guidance, and support as I grew and learned. Furthermore, the women in my life have always provided a listening ear, a shoulder to cry on, and a source of encouragement when I needed it the most. My mother has taught me the importance of kindness, empathy, and perseverance. And also she has inspired me to work hard, never give up, and always keep trying to achieve my goals.

In the school and college, the women tutors have provided me with a good education and growth of my career development. They also offered me guidance, support, and opportunities for advancement.

In conclusion, women have played a critical role in my life, their support, love, guidance, and mentorship have influenced and inspired my personal and professional growth. I am forever grateful for their contributions to my life.



Santosh Karki
ATHE Level 4 - Computing

The Wonder Woman!

Do you believe in miracles? Do you believe in the fact that there is one person on earth who is able to change the world around and affects the entourage, consequently the entire society and the world? Are you wondering who this extraordinary one is? "The woman", the most powerful individual in her society, why is that? Since if she is given flour, she makes bread to feed the whole family, if given vegetables, she makes a feast. If given money, she buys a house or furniture to take care of her family and lovers.

Above all these, she is naturally born with a high ability of taking care of herself incredibly. So, if she is able to protect and take care of herself, then her family and her parents, how comes in her society and work? Scientifically proven, women have more ability to focus on more than 5 tasks at once, however men are only able to focus on one at once. If God created her very powerful and special blessing her with all the strength to endure, take care of others and to be more comprehensive to what happens in daily life, then, she is distinguished among others. She can definitely tolerate, understand, she is flexible, affecting and helps more than a man while using both heart and brain, in



this case the power is doubled. I personally don't have a special woman who collaborated in my life brilliantly other than my mother, even though I have dealt with a huge number of them and I still. I am never influenced by people a lot but my mother has influenced me and my life big time. I have seen her in my entire life how she supported her children, she was beside my father and sacrificed all her time, care and tender for us. I saw how strong she was in facing all life challenges and how she was our happiness. I am reflecting her power and influence in my life at work and in daily life, by being so strong facing all my problems, in accepting, respecting others no matter how different they are, and the most important thing is that I always try to stay positive in all situations, to change the bad consequences into advantages and avoid what hurts or bothers me. She even influenced me by being reliable and stubborn in reaching my goals, and I am, I never give up on my targets and dreams in order to achieve what I aim to.

In a nutshell, a good woman can widely collaborate in everybody's life positively, by leading others to success in the work field, the children to be good individuals in the society if she is a mother, and can certainly lead the whole society to fairness, prosperity and equality if she is a leader. In fact, I am always thankful to be a woman who tries to collaborate in my students, family and others' life positively, in order to be a great woman who seeks to afford a better future for everyone I know and for me myself.



Lara Bouty
Course Coordinator

My Mother!

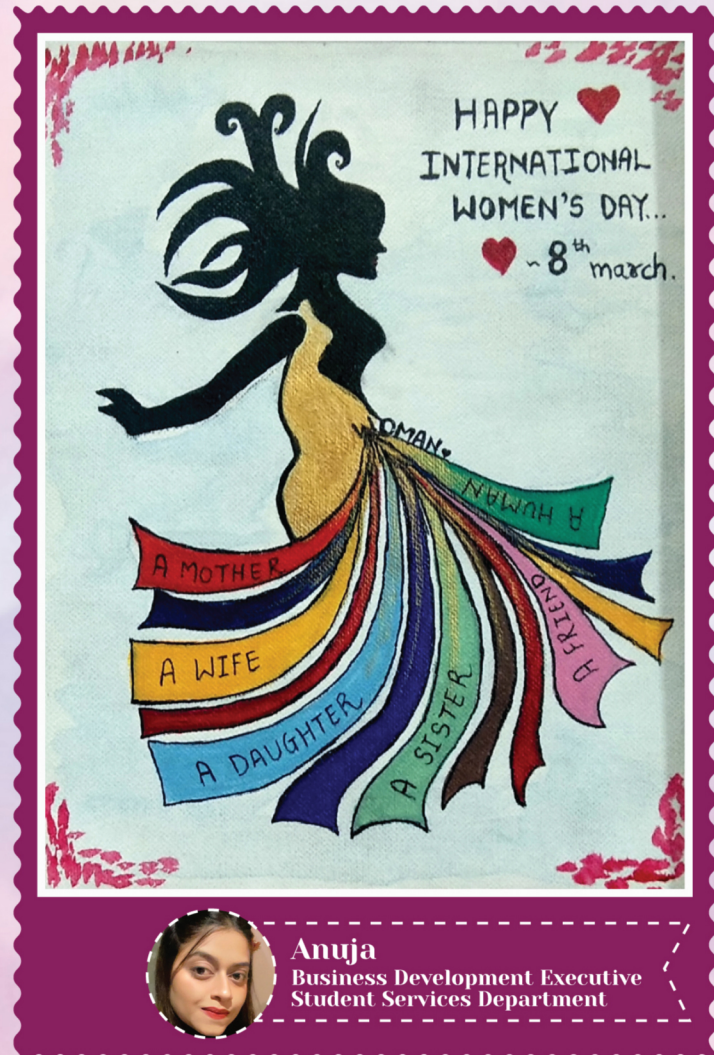
My mother, born in March, has always been a pillar of strength and an inspiration in my life. She gave birth to me in March, and since then, she has been my constant support and guide. As a working mother herself, she understood the importance of financial independence and encouraged me to start working at an early age. Her guidance and support helped me to become financially independent, which gave me the confidence to pursue my dreams and aspirations.

My mother also instilled in me a love for travel and exploration. She encouraged me to step out of my comfort zone and explore new places and cultures. Through her encouragement, I was able to gain a broader perspective of the world, which has been instrumental in shaping the person I am today.

Above all, my mother has always been a kind and loving mother. She has taught me how to be patient, compassionate, and understanding, qualities that have helped me to be a better mother to my own kid. Her unconditional love and support have been a constant source of strength and motivation in my life. I am grateful for all that she has done for me, and I hope to be able to pass on her wisdom and values to my small family.



Fatma Ben Mesmia Chaabouni
Faculty



Anuja
Business Development Executive
Student Services Department

International Women's Day!

Women's Day is a reminder of the aspirations of women and realities. They are saddened with an urgent need to close the gap. All days must belong to women, and not just one day in a calendar year. The international women's Day, originally called international working women's Day, is a global day, celebrating the social, economic, political and cultural achievements of women across all nations.

The beautiful creation of God- Woman, the angel that makes everyone's life, a wonderful experience altogether. Imagining life without a woman is quite hard hitting. This angel shakes The cradle with one hand, the Earth, with other hand, the fact that all the great people of the world are born from the womb of a woman and it is a woman from whom those great people have taken their initial teachings and that is the reason we have always emphasised upon giving the due respect to women in the society.

Now let's talk about women empowerment which can be defined as promotion of women's sense of self-worth, their ability to determine their own choices and their right to influence social change. For themselves women empowerment does not mean defying women, rather, it means replacing patriarchy with parity. Today, there are different meanings of term women empowerment which have led to different sectors of society to believe empowerment has a whole different meaning and this

divergence has led to the comprehension of facts against fiction, this way of interpretation that people of various sectors, associations and understandings are creating the different understanding of women empowerment. However, it is important for every woman to remember that they must acquire empowerment themselves rather than have it given to them by an external party and women should believe in having the capability to make important decisions in their lives while also being able to act on them.

In view of numerous challenges, what is the way forward? Firstly, there is a need to create more knowledge and work for women. Secondly, women need to be strong enough to be able to face any situations that undermine their feminism. Finally, there is a need for taking accountability on the part of women to take their destiny in their hands and to see themselves as responsible for the outcome of their life. The idea of women empowerment might sound hard by yard but by the inch it is just an inch. All we need is concentrated efforts focused in the right direction that would rest only with liberation of women from all forms of evil.



Yash Yadav
Executive- Administration and Operations



Women in My Life: The Strong, Resilient, and Inspirational

As I sit here, reflecting on the women who have shaped my life, I am filled with gratitude for their strength, resilience, and inspiration. These women, both past and present, have played an instrumental role in shaping who I am today.

My mother is the first one who comes to mind when I think of the women in my life. She is the epitome of strength, having overcome countless challenges throughout her life. Growing up, I watched her work tirelessly to provide for our family, sacrificing her own needs to ensure that we had everything we needed. Despite facing numerous setbacks and obstacles, my mother never lost her faith in herself or her ability to provide for her family. Her unwavering determination and strength continue to inspire me to this day.

I am also fortunate to have many strong female friends and colleagues in my life. These women have taught me about the importance of community, support, and lifting each other up. They

have shown me that it's okay to ask for help and that vulnerability is a strength, not a weakness. They have encouraged me to take risks and pursue my dreams, and have been there to celebrate my successes and pick me up when I've fallen.

The women in my life have taught me about adaptability, strength, and power. They have inspired me to pursue my passions, overcome obstacles, and fight for what I believe in. I am grateful for their presence in my life and for the invaluable lessons they have taught me.



Pushpendra Thakur
Executive- Administration and Operations

Events at Campus



A session was conducted by Barker Langham Recruitment (BLR) which is an award-winning international human capital solutions agency which was held at our Campus on 28th Feb 2023 for an introduction to BLR and to share the insights for tips and ideas that are vital to be successful at Interview and to start the journey for a successful career. The session was taken by Andy Nicholson - Chief Experience Officer and Carlton Gadjarhar - Excellence Manager.



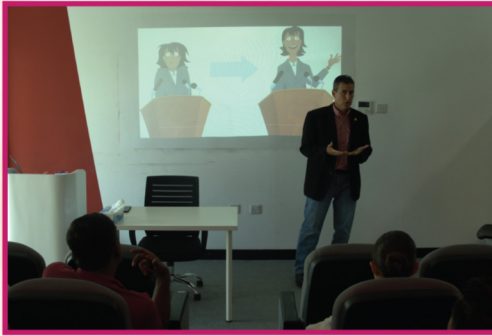
Our Academic Synergy partner - Media One Hotel hosted the M1 Run on 8th February 2023. The annual M1 Run combined a 1.2km incline run followed by over 700 steps on the staircase from the 7th to the 42nd floor of Media One Hotel & Tower.

Barker Langham Recruitment (BLR)

M1 Marathon by MediaOne Hotel



Sharing Insight On Public Speaking Skills



The Public Speaking Skill session was conducted to guide students the way to get started in public speaking.



Redesigning your life in 30 mins



Workshop by Mr Hendrick Van Der Ham

A Workshop on "Redesigning your life in 30 minutes" was organised by NEST Academy of Management Education on 26th February 2023, the guest speaker Mr. Hendrick Van Der Ham (Visionary, Entrepreneur Author and taught leader in Sustainability and new circular Economy) lead the session and shared the insights with students.



Orientation Day 20 Feb



With great excitement, Nest Academy welcomed and organised an Orientation session for New students for March 2023 intake on 11th March 2023



CV Building Session



During the CV building session, students learn how to highlight their strengths, showcase their achievements, and tailor their CV to specific job opportunities

Session For Interview Etiquette



The Interview Etiquette session was conducted for new intake students to guide them about how interviews are conducted.



Academic Synergy Meeting at Kempinski Hotel

A meeting at the Premises of Kempinski Hotel, Mall of Emirates was scheduled for 16 February 2023. Our placement team members Mr Joshua Alphonso and Mr Leon Corriea got to meet Ms. Amal Nabil Recruitment Manager, Kempinski Hotel Mall of the Emirates to discuss the collaboration for Academic Synergy Initiative.



Congratulations

for your campus placement



Sunita Gurung

Joined in:
Magic Planet

as Sales Associate



Wangchhu Yolmo

Joined in:
Magic Planet

as Sales Associate



Iwot Masudi

Joined in:
Magic Planet

as Sales Associate



Timila Shakya

Joined in:
Starling Services

as F&B Server



Chandan Pyakurel

Joined in:
Fuchsia Urban Thai

as F&B Server



**Kouame Amenan
Angele Kouassi**

Joined in:
Grand Plaza
Movenpick Hotel

as F&B attendant

PLACEMENT FEEDBACK FROM STUDENTS



I had a great experience with the placements. I had given multiple interviews and got selected at Magic Planet. I hope to learn a lot that will help me in building a good career in hospitality.

Sunita Gurung



Great assistance from the academic synergy team especially Ms. Mehek. Excited to start gaining experience.

Masudi Iwot



They do very well followup to get internship for student. i really appreciate their hardwork. Thank you all the team of placements.

Chandan pyakurel



It was good. It would have been amazing if I wouldn't nervous. I have learned a lot through this experience.

Kouame Amenan
Angele Kouassi



Fun Corner



Whats happening in Dubai



DUBAI WORLD CUP

Catch Dubai's action-packed horse racing season as it hits a resounding peak of glamour and competition at the Dubai World Cup. A highlight in the sporting and social calendar, this race meeting is considered one of the world's most spectacular race day, where the total prize purse for the race card, which will feature six Group 1 and three Group 2 fixtures, is worth USD30.5 million.

Like always, this year's grand affair on 25 March will feature the fashionable Style Stakes competition and incredible Dubai World Cup Closing Ceremony. Created through the vision of His Highness Sheikh Mohammed bin Rashid Al Maktoum, Vice President and Prime Minister of the UAE and Ruler of Dubai, the Dubai World Cup provides a truly global stage upon which the best horses in the world come to compete every year. The race takes place at Meydan Racecourse and is the pinnacle of the UAE racing season. Gates open at 12:30pm. First race starts at 3:30pm.

Ticket Categories

- General Public: AED20
- Apron Views: AED295
- Sky Bubble (Iftar): AED600
- The Premium: AED1,500
- Winner's Circle Restaurant: AED3,600
- Dubai Lounge: AED5,750



DUBAI FASHION WEEK

Taking forward the legacy of Arab Fashion Week, a prime event in the region's fashion calendar, the first edition of the Dubai Fashion Week will take place from 10-15 March at the Dubai Design District. This five-day catwalk affair will be a hub for designers, luxury brands, editors and guests to mingle and see what's happening in the industry.

Celebrate the best of fashion as models hit the runway to present Autumn/Winter and Spring/Summer couture and ready-to-wear collections from across the region and beyond. Some big names who will be a part of DFW are Dima Ayad, Bazaza and Lama Jouni. This showcase will also help create new business opportunities between talent, brands and buyers. Plus, for those looking to update their own look, there will be plenty of pop-up stores, workshops and special activations. Stay tuned for more details.

MOVIE RECOMMENDATION



The Iron Lady (2011)

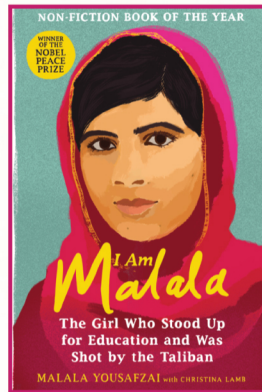
Meryl Streep is one of the most incredible and legendary actors in Hollywood. She stuns the audience with every character she plays on screen.

Directed by Phyllida Lloyd, The Iron Lady portrays Streep as the former British Prime Minister Margaret Thatcher.

Doing absolute justice to the role she outshines as the ageing politician who has recently lost her husband and is still unable to accept this fact. His visuals and dreams keep haunting Thatcher while she executes her political duties.

A true story on the great woman's life, the film charts Margaret Thatcher's journey from a girl to womanhood including her taking charge of the powerful office. Also starring Richard E Grant and Jim Broadbent in key roles, The Iron Lady is an inspiring film to watch on International Women's Day.

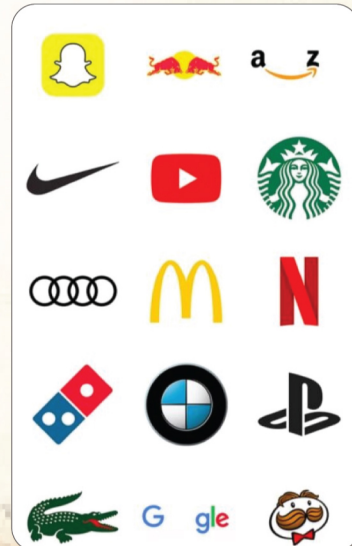
BOOK RECOMMENDATION



When the Taliban took control of the Swat Valley in Pakistan, one girl spoke out. Malala Yousafzai refused to be silenced and fought for her right to an education. On Tuesday, October 9, 2012, when she was fifteen, she almost paid the ultimate price. She was shot in the head at point-blank range while riding the bus home from school, and few expected her to survive. Instead, Malala's miraculous recovery has taken her on an extraordinary journey from a remote valley in northern Pakistan to the halls of the United Nations in New York.

At sixteen, she has become a global symbol of peaceful protest and the youngest-ever Nobel Peace Prize laureate. I Am Malala is the remarkable tale of a family uprooted by global terrorism, of the fight for girls' education, of a father who, himself a school owner, championed and encouraged his daughter to write and attend school, and of brave parents who have a fierce love for their daughter in a society that prizes sons.

GUESS THE LOGO!



Snapchat | Red Bull | Amazon | Nike | YouTube | Starbucks
Audi | McDonald's | Netflix | Domino's | Pizzeria | BMW
Play Station | Lacoste | Google | Pringles