



January, 2023

# Campus Chronicles

**READ.  
LIVE.  
INSPIRE.**



*From the Desk...*

"A New Year Signifies a Year full of hope, experiences and expectations. Remember that"

We reflect upon and discuss all of the interesting events that occurred in the previous year; the good times, the bad times, the frustrating times, and the fun times. We discuss what valuable lessons we took away from our experiences.

We do this to mark the end of one year and the beginning of the next. We begin to look forward with great excitement, wondering what to expect in the upcoming new year after we have laughed and then cried for a while. What new adventures will we have, and what new lessons will we learn? Hoping everything to be brand new and exciting.

It also provides us with a better perspective for the new year and allows us to leave the past behind, not forgetting but learning from it and moving forward into our present future with open hearts and minds.

Having said that, let us all pray for the social upliftment of 2023 and beyond, and seek God's guidance and blessing. May this year 2023 be a year filled with:

**New Beginnings:** Begin the New Year with a fresh perspective on new experiences, memories, and blessings.

**New Wisdom:** New experiences and learnings bring with them new wisdom and insight. As the famous quote says, be a garland of grace around your neck, honouring you and bestowing a crown of splendour on you.

**New Opportunities:** The opportunities are limitless. So let us continue to explore.

**New Purpose:** God almighty always has a plan and a purpose for what we will go through and experience as we move forward.

Last but not the least most importantly build upon your strengths and thereby overcome your weaknesses to face this year 2023 with confidence and courage.

I wish you all your family members a fascinating 2023 and beyond where our personal and professional goals become a reality.

Cheers,

**Mr. Ahamed Jazeel Mubarak**  
Business Faculty Member





## HERE'S TO A BRIGHT AND PROSPEROUS NEW YEAR FOR US ALL!

As the new year approaches, I wanted to take a moment to express my gratitude for all of my family and friends and to wish you all a happy and healthy year ahead.

I hope that the coming year brings joy, success, and fulfilment in all aspects of your lives. May it be a time of growth, learning, and new beginnings.

"HAPPY NEW YEAR 2023"



**Keshab Raj Adhikari**  
ATHE Level 4 – Computing

## HERE'S TO NEW BEGINNINGS IN 2023

We spend January 1st walking through our lives, room by room, drawing up a list of work to be done, cracks to be patched. Maybe this year, to balance the list, we ought to walk through the rooms of our lives, not looking for flaws, but for potential. Let's promise ourselves that this is going to be a great year for ourselves and everyone we love. This year we shall keep working hard and not give up.



**Hriday Rahul Thakkar**  
ATHE Level 4 – Business Management

## BEGINNING OF A NEW YEAR

On the night of 31 December and the morning of 1 January, people in many countries all over the world will celebrate the beginning of a new year. For many people, the New Year is a fantastic time to start new habits and to wipe the slate clean of all that has happened in the previous year. On this occasion, people enjoy and travel to different places all over the world. Mostly people are waiting for New year celebrations with their family, friends and partner. The New Year's Eve fireworks in Dubai at Burj Khalifa in Downtown Dubai are a sight to behold, as are the crowds that flock to watch them close-up. If you're a party animal, there's no better way to clock in the New Year than dancing your way into it.



**Anuska Pudasaini**  
ATHE Level 4 – Business Management



**Kishan Pan Shrestha**  
CTH Level 4 - Hospitality Management

## "NEW YEAR'S DAY IS THE FIRST PAGE IN A BLANK BOOK."

As we enter the New Year, it's a time for reflection on the past and making plans for the future. It's a time to set goals and make resolutions, and to think about what we want to achieve in the coming year. There are many ways to approach the New Year, and everyone has their own personal goals and priorities. Some people focus on improving their health and wellness, while others set goals related to their careers or personal relationships. No matter what your goals are, the New Year is a great opportunity to start fresh and make positive changes in your life. One way to start off the New Year on the right foot is to take some time to plan and organise your goals. This could mean setting specific, measurable, achievable, relevant, and time-bound Smart goals, or it could simply mean making a list of the things you want to accomplish. It's also helpful to break your goals down into smaller, more manageable tasks and to celebrate your progress along the way.





# HAPPY NEW YEAR 2023

## *New year's resolution and perspective on life!!!*

Everyone in the world has been celebrating the first day of the year. As we know, New year's festival is celebrated mostly on 31st Dec (Last day of the passing year) and 1st Jan (first day of New year).

At the beginning of each new year, many of us engage in the old practice of New Year's Resolutions, where we commit to a change in our lives. Obviously, smoking less, eating less and healthier, exercising more, and we seek to renovate ourselves. These are important decisions and we often spend a great deal of time and effort attempting to moderate our behaviors to create a new reality of ourselves. But most of the people actually give up after some days or a month. This means that everyone tries to be committed but not everybody succeeds but as for me I'm sure I will complete my resolutions. As a student, I get caught up with some friends to have fun while skipping study which is really fun sometimes but it also creates a barrier in between. So, among my resolutions, the one I must strictly follow is to not stop learning and explore new things.

As per my ability, I've learned to not engage in a ritual of resolution which is easy to make it happen so I say, why wait a full year? Why not make it happen right now? This is probably where it falls short as it reflects a real lack of commitment to change. So, you ask me how I make change? A habit we want to change may be related to others habits that we need to change in order to be successful. In other words, it is important to understand the root causes of the habits we wish to change. As a self-reflecting individual, I need to identify cues that lead to a behavior that I desire to modify, which requires a clear honesty. And then, identify those habits and stimuli at the beginning of each day and think about how I will moderate or eliminate those undesirable habits. This can be done simply by placing sticky notes on the walls listing a habit or things that need to change. This allows the elephant to eat in small pieces each day, which helps create lasting change. Finally, I have to reward myself, either physically or emotionally, in order to reinforce new behaviors and paradigms.

Another way to make changes is to replace bad habits with good habits. For example, if you are a smoker or an overeater, you might replace those habits with exercise. I used to smoke till last year but there was a time when I completely quit smoking as per my resolution of that year. Yes, it just sounds easy but it wasn't though I did it. See? If you have a habit of spending beyond your means, perhaps engaging in creative activities that require you to keep better records, you can change. Whatever you decide to change, change now, and make it important in your life all year long. Resolutions are just a simple means but you have to make it happen yourself and you have to push yourself more day by day.



**Wangchhu Yolmo**  
CTH Level 4 Extended Diploma  
in Hospitality Management



## *Be grateful to God, every year you live.*

New year is the occasion which comes after the 12 months 5214 weeks 365 days 8,760 hours 525,600 minutes and 31,536,000 seconds. It is the duration during which we realise that we have got many opportunities, we made many mistakes, we learn new things, we hurt people with or without intentions, we faced many failures, we faced many successes and we met different people. It's the cycle of life.

We do have different careers, different motives, different desires, different happiness, different sorrows, different pain in terms of our capacity and potential power. It's a part of life we have to keep moving, keep patience, keep sustainability and being focused towards our goal and believe that we'll achieve our goal destination and we'll get the value of our life.

You are the driver of your life. People Should see the potential you have in you that you shows you are the presenter of your life and you yourself is responsible for what you achieved, new year comes as a chance to improve the potential of you and you have to improve your mistakes you've to be dedicate honest punctual discipline to achieve or to earn the worth of your life.

The new year brings in new opportunities, but we should be forever grateful that all those changes will include a healthy, prosperous and motive in everyone's life.



**Arjun Nepali**  
CTH Level 4 Diploma in  
Hospitality Management

## *It's not just a New Year's Resolution but a resolution for a new life.*

The initial days of January are often those of decisions for new beginnings and especially for good resolutions however, more often than not, if one is sincere concerning the choice of his good resolutions in December and January, most often, these good resolutions only last a few weeks and are quickly abandoned in favor of his good old habits.

My resolution for this new year is to discover other countries, culture and stay focused on my goal, play sports, eat organic food, do health check-ups after every 3 months, spend better time doing wise things, find a job, watch less television, sleep better, read a book once a month, learning to know how to say no, improve my English, take time to relax, spend less time on my phone, go out more and discover new places, learn to speak in public find time for new activities in my diary.

"May this year bring you happiness and success, success in your projects, the fulfillment of your dreams, happy new year!!



**Jessica Lipanga Baraka**  
ATHE Level 4 Diploma in  
Events Management



# ARTICLES FROM FACULTIES

## *Every sunrise is a new chapter in your life:*

A new year brings us new hopes and a dawn that we all are expecting for. The new year season is seen as a season of new resolutions too. I remember when I was young, we used to have a long discussion and debate among our friends on what should be our new year resolutions. The new year resolutions taken by many of us were for fantasy rather than the commitment we have for them. We feel excited sharing our resolutions with acquaintances and feel happy getting their appreciation. In my opinion most of our new year resolutions faded off over a few days, specifically before the end of January. If we look back, why is it so, we could realise that those resolutions which were not carried forward through the year were not the ones that are essentials of our life. For a resolution to have our commitment, it should be a corrective action for something from our past which should focus on the benefit for our future. A realistic resolution would gain our commitment. In my opinion resolutions shall be aimed at improving our career, life patterns, healthy lifestyle, deciding to have environmentally friendly practices or most importantly to develop humanitarian practices. As youngsters are concerned, I would suggest that they should have a resolution to go gadget free for a few hours in a week, which would be the hardest, for that would help you all to look around and physically socialise with others and enjoy nature. Let's set a realistic resolution for 2023 and achieve what is aspired for. I have identified the best one for me, Healthy lifestyle. How about you all?

Wishing you all a very happy new year 2023 and all the good wishes to achieve your resolutions.!



Ananthalakshmi Mahadevan,  
Senior Faculty in Business Management

## *New Year New Fear*

People enjoy holidays flow  
Thinking too much about the glow  
What magic will be in the air  
Where everyone is out there  
Each one is busy in getting ready  
To spend his night with somebody  
No one is alone that day  
Considering it as his own birthday  
Yeah it is a birthday since all is new  
New year, new calendar, new season  
New changes, new pace and new phase  
Wishes are loud and claps are found  
In every and each corner of the streets  
Under the snow or under the rain  
This is the season of the sky drain  
Meeting the new year with brand new clothes  
Putting on the brand-new shoes and blouse  
Enjoying the moment, and the past door close  
New gate opens for new chances and choice  
Let us not forget that it's new us  
It's not changing the number of year  
But also the change of our old fear  
Time to set your Gear  
And consider for a planned new sphere  
Where there is no corner to get stuck here  
But a chain that needs your effort to be clear  
What you had as regret  
Keep it set in your head  
To never redo an old bet  
When life tried to knock you down  
You always have to held up your head

Happy New Year everyone.



Ms. Lara Bouty  
Course Coordinator

# ARTICLES FROM STAFF

The new perspective and the final way to change the mindset of life to be happy. Happiness makes you feel better about yourself and creates an aura of positivity around you ...

Another best part of the new perspective is to shrink your expectations and assumptions in life for others, hence a major investment in life ...

When you are deliberately and very eager to find things that you are grateful for, no matter how basic the thing is, you actually feel pretty happy and lucky ..

In true words this is a new perspective of life..

Wishing you all a very happy new year.

"Find your new perspective in life and move to the cloud..."

Thank you



**Swati Shukla**  
Consultant Relationship Manager



## New Year 2023

The New Year is commemorated with lots of excitement and joy all throughout the world. This is an important day for people, who also use it to ring in the new year in their own unique style. People buy a variety of attires and items from the market. India's New Year's Day celebrations are filled with food and customs. Music and dance are used to celebrate the occasion. This day brings excitement to the children since they get to eat a variety of foods and have a fun trip with their family or friends.

From time to time, we all need to step back from our routines and look at our goals from a distance, and at the way we are approaching them. From my perspective, a New Year's resolution is a chance to have an honest look at my previous study goals, the results, and the tools that I need to achieve them based on my competence.

It is not a change! It is merely improving and reworking them. I make them concise, measurable, and realistic. My new year's resolutions are to focus on a healthy diet, learn rather memorise, speak up whenever I do not understand.



**Nemika Vora**  
"Sr. Specialist  
Student Academic Affairs

## Cheers to a new year and another chance for us to get it right:

Mixed Feelings full of excitement, experiences from the past and Nervousness for the future this how we welcome the new year almost every year. The freshness of starting something new and The promise made to self by setting a resolution to follow in the coming year which we break many times. But that is life. I have always wondered why wait till the new year to make a resolution and follow it? Rather we can do that anytime of the year. Life is too short to think "I will do it tomorrow" but the right attitude will be "I will do it now". Hard work plays a very important role in being successful, but more than that discipline is very important.

Certainly, good or bad experiences teach us valuable lessons which help us and make us strong to face the most difficult situations. But more than this it is very important to not build any pressure around ourselves and enjoy every minute of life with responsibility. Make mistakes, rectify them and again make mistakes so that when the time comes you are already aware of what you need from life and that is the beauty.

Make new friends, travel new places, make memories, work hard, forgive, forget, move on, whenever required cry yourself out and most importantly never overthink all these will lead to happiness. I really hope the new year brings out the best for all of us.



**Srushti Shinde**  
Sr. Executive - Admission Affairs Department



## *You are never too old to reinvent yourself.*

Celebration represents new beginnings as they infatuate our hearts with happiness so we are motivated to do and become better. New years is indeed a remarkable Celebration occasion all the universe comes around to celebrate. It's usually surrounded with term resolutions or simply our dreams and inspirations for the new 365 days ahead to live. As my consciousness grows I realise every year that what I wish for the most is health and prosperity, to me, my family, loved ones and every good human being surviving on this planet. Without health the rest is quite impossible so be healthy physically and mentally. I definitely have sat with myself and meditated on the last year, all the experiences: the good and bad, all the dreams that came true and how I grow as a person. For the new year of 2023, it's to continue to be the best version of myself I can serve myself and the world with. Simple actions make big differences. At my job as a well-being officer I'm grateful to touch many lives, learn from each other and grow. I strive to do more readings on the well-being spectrum and build new knowledge and skills. Personally, I have many goals on different levels but I always assure myself that one day they will come true as long as I'm trying so no need for stress because it's all about energy attraction. Nothing is attracted to rush vibration. Therefore, buying my dream car or meeting my favourite band BTS will not happen in 2023 yet will come true in the upcoming years as they are gathered back again after their services. I'm looking forward to going back to volunteering to needy communities for our society as before as I took a break this year, nurturing my brain more with my new ready book list to read, watch more documentaries and travel to my wished destination for discovery. Embracing the new year with a lot of positive vibes for all that's meant to come and what I will attract with my energy.



**Hajer Garoouaachi**  
Well Being Officer



## *New year — a new chapter, new verse*

This year's going to be different and challenging, yet fun ! It's my first year away from my home country, my first experience as a mother as I am expecting my first baby boy in June, and my first work anniversary as I started work on March 22. I feel so blessed and happy for the past year as I had an amazing family and colleagues supporting me and making the environment stress free despite the multiple challenges. Personally i belive that all people all pass through ups and downs and what really matters is the kindness we pass through. Indeed, I appreciate the teams' values as we feel the respect, the appreciation and the kindness. This boosts one's desire to work and give more. I wish everyone a very happy new year. May all your dreams be true and may Britts Imperial University College grow bigger and flourish. With love,



**Fatma Guezguez**  
Admission Affairs Specialist

# Congratulations

for your campus placements



**Sharan Lama**  
Joined in  
DulSCO  
as Sales Promoter



**Amelie Tundal**  
Joined in  
Hyde Hotel  
as F&B Intern



**Arjun Nepali**  
Joined in  
Hyde Hotel  
as F&B Intern



**Namraj Mahara**  
Joined in  
DulSCO  
as Sales Promoter



**Miroj Malakar**  
Joined in  
DulSCO  
as Sales Promoter



**Salina Bhetwal**  
Joined in  
DulSCO  
as Sales Promoter



**Pradip Bhandana**  
Joined in  
DulSCO  
as Sales Promoter



# Congratulations

for your campus placements



**Pooja Thami**  
Joined in  
Marks and Spencers  
as Sales Associate



**Simran Tamang**  
Joined in  
Marks and Spencers  
as Sales Associate



**Zahra Meftah**  
Joined in  
Marks and Spencers  
as Sales Associate



**Marouane K Gouhiri**  
Joined in  
Marks and Spencers  
as Sales Associate



**Ochgeral Tsolmon**  
Joined in  
Hyde Hotel  
as F&B Intern



**Markush Vishwokarma**  
Joined in  
Park Regis  
as Steward Internee



**Lalkishor Sharma**  
Joined in  
Dulscos  
as Sales Promoter



# Things to explore in Dubai



## DSF firework Night

Witness a dazzling display of fireworks every night throughout Dubai Shopping Festival (DSF) from 15 December 2022 to 29 January 2023. Opening night celebrations take place across six locations with fireworks scheduled at 9pm at Al Seef, Dubai Frame, Burj Al Arab, Dubai Creek, Dubai Festival City Mall, Bluewaters and The Beach, JBR.



## Dubai Lights: Sea - Free Event

Be prepared to be immersed into a theatrical underwater scene in each of the Nakheel Destinations—The Pointe, Nakheel Mall and Palm West Beach—on the Palm Monorail. From 15 December 2022 to 29 January 2023, visitors on the Palm Monorail will journey through the underwater life and discover illustrations, animations and so much more of life size dolphins, jellyfish, pink coral ornaments, starfish, seashells.



## DXB Tunes

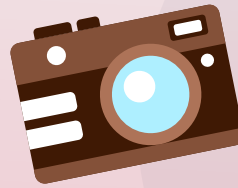
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## 60ft Dubai Traditional Dhow Sailing Race

It's a monumental achievement to steer these majestic ships, so make sure you watch from the shore as the 60ft Dubai Traditional Dhow Sailing Race takes to the waves. Organised by the Dubai International Marine Club (DIMC), this series of races are a part of a busy winter calendar of water sporting tournaments that take advantage of the city's perfect water and weather conditions on 15th Jan from 9:00 am onwards.



## Dubai Kayak Boats Fishing Tournament

A serene sight upon Dubai's horizon, the Dubai Kayak Boats Fishing Tournament is a picturesque and action-packed date in Dubai International Marine Club's (DIMC) water sporting calendar. From manually controlled kayaks that smoothly sail across the waters to the purr of electric boats, watch skilled participants from across the UAE battle for the biggest catch at Nessnas Beach on 20th Jan 2023.



## COREUNITY Festival

Core Direction and Dubai Shopping Festival have teamed up to deliver the region's first camping, movement and music festival - COREUNITY. Taking place in Hatta over one weekend, from 13-15 January, the team behind Yoga At the Top - Burj Khalifa and Movement & Music at the Dubai Opera Garden have curated an action-packed schedule combining wellness, adventure and fun.



## Dubai Crown Prince Camel Festival

Patronised by His Highness Sheikh Hamdan bin Mohammed bin Rashid Al Maktoum, Crown Prince of Dubai and Chairman of the Executive Council, the Dubai Crown Prince Camel Festival returns to the sands of Al Marmoom Camel Race Track from 7 to 18 January.



# NEW YEAR'S CELEBRATIONS AROUND THE WORLD

## Brazil: Heading to the beach



In Brazil, people usually go to the beach since it's summer there. Immediately after midnight, you're supposed to jump seven waves while making seven wishes," says Hudson Bohr a Brazilian photographer based in NYC.

## United States: Watching the ball drop



Millions of Americans gather around their television sets (or on the streets of Times Square, despite freezing temps) to watch the ball drop at the stroke of midnight each year. Kicking off in 1907 to ring in

January 1908, New York Times owner Adolph Ochs created the event to draw attention to the Times's new headquarters, and it's been an annual spectacle and one of the most popular New Year's Eve celebrations ever since.

## England: Listening to Big Ben's bells toll



"On New Year's Eve, it's traditional for British households to gather waiting for the bells of Big Ben, the clocktower at the Houses of Parliament, to ring in the New Year as

midnight strikes," says Glamour executive editor Natasha Pearlman. "As the bells toll, don't be surprised if a huge circle forms, people link hands, and start singing a traditional song called 'Auld Lang Syne.'"

## Mexico: Giving the gift of homemade tamales



In Mexico families gather to make New Year's Eve food—specifically tamales, which are corn dough stuffed with meat, cheese, and veggies all wrapped in husks—and then hand them out to loved ones on

New Year's Eve. On New Year's Day, the warm pockets are often served with menudo, a traditional Mexican soup made from cow's stomach.

## Canada: Going ice fishing



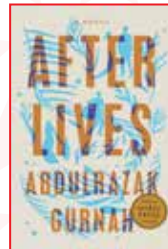
Freezing temps don't keep Canadians from starting the new year with a winter favorite sport—ice fishing. According to Global News, families will rent heated huts and cooking equipment so

that they can enjoy their feast with loved ones on the spot.

# FUN CORNER

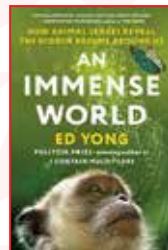
## BOOKS RECOMMENDATION

### Afterlives



A sweeping origin story of modern Tanzania, and a love story between two young runaways, Afiya is an orphan, whose brother leaves her with abusive caregivers to fight for Germany's Schutztruppe. Hamza, an escaped servant, also joins troops serving the German Empire, entering a brutal brawl for the continent at a time when "every bit of it belonged to Europeans, at least on a map

### An Immense World by Ed Yong (Random House)



A sweeping origin story of modern Tanzania, and a love story between two young runaways, Afiya is an orphan, whose brother leaves her with abusive caregivers to fight for Germany's Schutztruppe. Hamza, an escaped servant, also joins troops serving the German Empire, entering a brutal brawl for the continent at a time when "every bit of it belonged to Europeans, at least on a map

## MOVIE RECOMMENDATION

### Whip It



While her mother wishes for her to continue the tradition and join a pageant, Bliss decides to follow her heart and dreams by joining a local roller derby team.

### Pursuit of Happyness

The movie *The Pursuit of Happyness* is a great example of someone who has little to nothing but chooses to be happy and not let the circumstances of his life slow him down. The main character Chris Gardner (played by Will Smith) goes through his own pursuit for happiness even though he has many dark and hard moments. His choice to be optimistic and push forward ultimately gives him the power to be happy.



## FIND THE HIDDEN WORDS



Book (dad's glasses), Novel (dad's chair), Read (dog's ear and girl's hair), Story (mom's book), Words (tree), Page (son's shorts).