



NOVEMBER, 2022

# Campus Chronicles

**READ.  
LIVE.  
INSPIRE.**



*From the Desk...*

society can recognize that they too have a presence in this nation, that they are the future of the Nation. Moreover, the essence of Children's Day also lies in not differentiating between a girl and a boy child. Our message to the youth must be to not to surrender to peer pressure, to perform as per their ability as each child is unique in their own ways, and not to shy away from asking for help from their parents, friends or teachers with stress-causing psychological situations and issues. Empowerment of children should be taken as a very serious responsibility of each and everyone of us and it should begin from our homes and our circle. As we celebrate World Children's day in this month, I feel we all should take some time to go back to our childhood days, maybe go through the old photo albums, talk to childhood friends, and share the memories just to go back to those beautiful days.

**Ms. Anjusree Krishnanunni**  
Faculty, Department of Academics

World Children's Day is celebrated on the 20th of November to commemorate the Declaration of the Rights of the Child by the UN General Assembly on 20 November 1959. They say there is a child in each one of us which is true. Childhood is a time where we can enjoy – the part of life which we cannot get back how much ever we want. It is the first stage of life which we enjoy in whatever way we like. A happy childhood can be a pressing factor to have a successful adulthood. The childhood memories we gather stay with us throughout our life and they can bring happiness in our life whenever we are down.

We should try to understand the feelings of children and not let Children's Day be confined to cultural events and ceremonies and celebrations, but to put effort into something for the children who are going through the darkness of life. We require a children's Day where not only schools but each child living in the

**HAPPY  
CHILDREN DAY**



## MY CHILDHOOD MEMORIES

Children's Day is a yearly occasion observed in the month of November. Children are the fate of a nation; their childhood will be productive for their prosperity. Taking care of young ones from harsh situations of the world ought to be the need of everybody.

Before Children's Day, Schools are decorated, and children are welcomed with little token gifts and blessings.

Different competitions of academics, games, quizzes, fests are the significant attraction of the occasion.

The Award function, Gifts distribution, refreshment arrangements, lunch parties are likewise seen in schools. Different NGOs distribute food, books, and gifts to the unprivileged youngsters. Just before Children's Day, Various government plans are also organised. The government offers free Education for rural zones and slum regions.

People remember the ideologies to remember Chacha Nehru and follow their wordings. Political Figures pay their praise to Pt. Jawaharlal Nehru's contribution and recollect his commitment and belief systems for our country.



**Unique Maharjan,**  
CTH Level 4 Diploma in  
Hospitality Management+Internship



## WORLD CHILDREN'S DAY

World Children's Day was first established in 1954 as Universal Children's Day and is celebrated on 20th November each year to promote international togetherness, awareness among children worldwide, and improving children's welfare. Children are important in society because they are the future of tomorrow.

The first prime minister of India, Pandit Jawaharlal Nehru once said children of today will make the nation of tomorrow, the way they are brought up will determine the future of the country. Children also give a purpose and they are examples of the lost qualities like love, ethics etc. Take for instance, there are children from Africa who are suffering and who I wish had a better way of living life and have the basic rights that all children have e.g kids from war zone areas and hunger stricken areas like Somalia. As for me I am grateful for being alive and the experiences that moulded me.



**Donovan Panashe Mudarikwa**  
ATHE Level 4 Computing + Foundation  
ATHE Level 3 Diploma in Business

## MY FUNNY CHILDHOOD MEMORY:

When I was about 6-7 years old I was studying in class 3 and I have a special memory of that time. My father was the principal of the school where I studied. One day while going to the school I saw too much radish on the way, near my old grandmother's home. Then I went to school and told my friend about it and we planned to steal. After the interval we reached there and pulled out 3/4 radish and ran towards the school. When I was about to reach school, my aunt's daughter caught me with a big radish and she told about it to my father who was principal of that school. Then my father beat me with a bamboo's stick which is used for carrying water and told me it's bad to steal and after that I apologised to them and never repeated the same.



**Shankar Prasad Acharya**  
ATHE Level 4 - Business Management

Childhood memories are a memorable part of our life. We can recall the best times spent of our lives. People with good childhood memories have a better life ahead. Childhood memories affect the present life. Good childhood memories inspire us for a bright future ahead. On the other hand, bad childhood memories can affect our present or future.

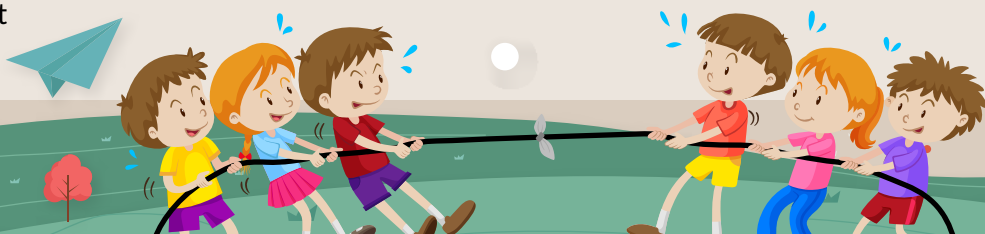
Talking about my childhood memories, I was born and brought up in a Newari background family which is full of cultures and festivals. We have festivals every month of the year. I used to have a lot of friends and on every festival we used to gather and enjoy the festivals. Every morning we used to go to the ground and play cricket. My childhood was way too amazing. It's the best part of life which cannot be forgotten. One of the scariest parts of my childhood memories was going to school. I used to run away from home to avoid school.

Lastly, It's very rare to get the vibes of childhood later in life. Everyone focuses on their future. Those friends who used to promise not to get separated in the past are too busy with their present life. We barely talk once or twice a month. It's part of life to move on as we are grown up.

We should all cherish our childhood memories as they can always be our companions. Simple memories hold grave meaning when it's from our childhood days. The days were full of enjoyment, thrills, and full of innocence. Hence, they are so close to heart



**Deepen Maharjan**  
CTH Level 4 Diploma in  
Hospitality Management.



# CHILDHOOD MEMORIES ARE A COLLECTION OF LIFE'S MOST PRECIOUS MOMENTS

We all have memorable childhood experiences in our life, some can be pleasant and entertaining while others can be unpleasant and boring.

I remember it like yesterday. I spent my childhood in my own country. Those days, In those days we used to play on the play ground in the lap of nature and nature was my toy with which I used to play along with my friends and relatives who were similar to my age. Childhood is the most fun and a memorable time in anyone's life. It is the first stage of life which we enjoy in whatever way we like. I have spent my childhood mostly by playing with neighbourhood friends, school friends and with many others. When I was in my childhood stage, I used to participate in every extra activity discussing with my friends like singing, dancing, running and others too. At that time we did not feel any shyness to take part in those things . Childhood was the best phase of life we might have listened to this line many times

We all realise that childhood is the best part of our life because there were no heavy responsibilities to be taken care of . It is an innocent part of life . We did a lot of foolish and funny acts in our childhood. I did many foolish and funny things in my childhood. I remember once when I was in grade 2 or 3 with my neighbourhood friends, we once put a lot of stones in a person's motorbike's fuel tank which was parked in our playground where we used to play after school. We tried many times to make a side but it was locked totally but the tank was unlocked so all friends gathered together and put the stones in the bike tank. When remembering those acts, I feel it was too ridiculous but at that time it was too funny for us. Childhood is one of the most exciting times of a life living without any pressures, tension, responsibility as compared to adulthood .

I used to feel sad sometimes in my childhood while seeing my friends and other children walking with their father and mother while shopping, buying a toy etc. specially at the time of festivals. Sometimes I used to miss my father because he was in the police serving for a nation and was away from me.

So, everyone has a lot of memories from their childhood. We can't remember each and every memory and can't describe too.

## HAPPY WORLD CHILDREN'S DAY TO ALL

### CHILDHOOD MEMORIES A REMINDER OF THE PAST

A memory is a reminder of the past, a keepsake. They come in many shapes and sizes. People save objects for many diverse reasons. In my case, I will forever keep and pass on my keepsake to the children in my family because of the many memories it evokes from my childhood and I will never forget how I spent my holiday. In Ethiopia we have many public and religious holidays. My favourite holiday is Timket. It is a religious holiday in Ethiopia. On this day me and my family went out to a beautiful place which is called Lalibela. It holds religious and historical importance in Ethiopia. It used to be a very joyful tour for me. After a journey of 10 hours we used to reach Lalibela and stay in a hotel for three days. We used to perform religious ceremonies and visited places around lalibela. It was a fantastic time. And after three days we used to get back to our home. I will never forget those journeys in my life.



**Alazar Muntaz Tebeka,**  
ATHE Level 4 – Business Management



**Saugat Parajuli**  
CTH Level 4 - Diploma in  
Hospitality Management



Children's day is celebrated every year in November. This is the day when the whole population unanimously becomes a child. I grew up celebrating this day with great joy. This is the day when children look forward to going to their school to celebrate, where there are no classes to attend. As a child I still remember this day used to start with an assembly in the school followed by various activities like painting, dance, music, puppet shows and many more. We also used to get treats from our teachers and every child was loved.

While this celebration is quite common every year where every child in the school is treated special no matter what background the child comes from, I always thought of those unprivileged children you actually need the love and affection from others. This could be possible if we all encourage each other to work together to make it possible. This could be the greatest achievement of humanity.



**Anish Roushan**  
ATHE Level 4 Diploma in  
Events Management





# ARTICLES FROM FACULTY



## CHILDHOOD ROOTS TO A FULFILLED LIFE

A fulfilled life is a reflection of a great childhood. Our wonderful childhood experiences, hobbies, memories and accomplishments are always ingrained in the purpose of our life and define who we are today. The way we were nurtured as kids are the roots of our perception and social relationships. Therefore, having a quality childhood is very important not only to accomplish a purposeful life, but also to make the entire world a beautiful place. It has been scientifically proven that the ones with great childhood memories and experiences tend to have strong personalities and also form their future.

**Be mindful to gather great memories** - Your childhood memories have a greater impact on your brain development. Memories and experiences you have since infancy to peak of 20s are basically the foundation of your ability of acquiring knowledge, skills and network.

**Cherish your childhood memories. That makes you wiser and healthier** – positive vibes in your childhood, with your parents, grandparents, siblings and neighbours will lead to a healthy adulthood with less depression and fewer chronic diseases.

**Childhood memories define your life values** – this has a greater impact on what you value in your life. Those values and beliefs you exposed in your childhood will reflect in your future. We absorb, understand and respond things in our life through the roots of our childhood

Spend quality time together with your family and friends, go on picnics, camping and play games. Collect great memories and you will cherish them one day with a lot of happiness and that creates a path to a fulfilled life.



## HAPPY CHILDREN'S DAY

"We are never too old to wish each other on Children's Day. It is just a sweet way of celebrating the innocence and purity we all have in our hearts. Happy Children's Day."

Children's Day is celebrated all around the world. It promotes not just togetherness but also awareness among children globally. It also celebrates the importance of protecting the rights of our little ones.

Wishing you a very Happy Children's Day because you were a child once. Look for that child inside you to celebrate this day with greatest joy. As adults we get so busy with life that we lose our real identity. On the occasion of Children's Day, I am reminding you to find the child in you to have a joyous day. May each and every day of your life start with happiness and smile, just the way it started when you were a child. Warm wishes on Children's Day to you.

Happy Children's Day

What do the predecessors think today?

The world needs to join hands

Take better care of your children every day

Old bamboo shoots grow green with young pen

Growing people from a young age

Let the bamboo forest remain green forever

incubator of people

Starting from the laughter of children

Childhood is the Age of Dreams

The future of every country.



**Dr. Triptii Shelkhe,**  
Faculty-Management Programs



**Udeshika De Silva**  
Faculty – Business Management





# ARTICLES FROM STAFF

“

## WHAT ONE LOVES IN CHILDHOOD STAYS IN THEIR HEART FOREVER

-MARY JO PUTNEY

Memories are a vital component of our bodies. They shape our personality as all our knowledge and past experiences are stored there. All of us have memories, both good and bad. Some memories help us get through tough days and make us cheerful on good days.

Growing up, I had a very loving family. I had three siblings with whom I used to play a lot. I remember very fondly the games we used to play. Especially in the evenings, we used to go out in the park and each day we played different games. These memories of playing in the park are very dear to me. Furthermore, I remember clearly the aroma of my grandmother's pickles. I used to help her whenever she made pickles. Even today, I can sometimes smell her pickles whenever I look back at this memory.

Another beautiful thing I can remember is my visit to the zoo with my family. We made one zoo visit every year. They used to be those very simple yet fun-filled family picnic moments. We would carry packed food from home that my mother used to cook. Today, so many things have changed but my childhood memories are still fresh in my heart. It feels so refreshing to relive them again and again. My childhood memories are very close to my heart and make me smile on my difficult days.

Childhood is a carefree stage of life. You enjoy without being aware of the responsibilities that will be coming ahead. I wish to be a toddler again, where I could take long Naps and no one complaints about me sleeping whole day rather they are being happy that I am being a good child. I wish I could go back to that phase where the only responsibility was to go to school and complete homework. You knew you don't need to worry and get scared of any stress because your parents are always there to take care of you. Birthdays were meant to dress up at school and distributing sweets and getting that special treatment at school because of your birthday.

Sundays were meant to watch Cartoons whole day. Summers were meant to enjoy Ice popsicles. Holiday breaks were meant to be at Grandparents house along with cousins, playing outdoor as well as indoor games. Unaware of the existence of internet, social media and technological gadgets, playing till the sky turns dark and then watching TV with family till you fall asleep and are picked to be dropped at the bed.

Without an lotta of doubt, those were the best days of life.



**Basanti Devi**  
Wellbeing Officer  
- Student Affairs Department

“

## CHILDHOOD IS ONE STORY THAT STANDS BY ITSELF IN EVERY SOUL

- IVAN DOIG



**Mehak Sharma**  
Coordinator- Student Affairs Department

## THE MUD AND DIRT WILL WASH OFF, BUT THE CHILDHOOD MEMORIES WILL LAST A LIFETIME”

Sometimes these memories make me cry, and sometimes they make me laugh. However, we cannot eradicate them from life. That is why childhood memories are some of the most precious parts of a man's life.

Whenever I recall my childhood memories, I feel delighted. As the days, the months, and the years pass, they disappear. As my responsibilities increase, there is always a part of me that longs for the days of my childhood. However, we know that we can't turn the clock back to those days.

As kids, even the smallest things brought us happiness. We did not need materialistic things to be happy, nor did we have room for selfishness. We can only relive the most precious phase of our lives if we cherish, remember, and relive all those precious memories when possible.

Let's toast childhood memories that can bring a smile to your face even with just a single thought. Those days are over and lost forever, but the memory remains!



**Vishwas Shetty**  
Deputy Manager - Student Affairs Department





## TIPS FOR EXAM PREPARATION

How I would prepare differently if I could turn back time!

Today, let me reflect from another angle and look at the things I wish I would have done differently in that process. Here is the list of steps I would have taken if there was a way to go back in time and start over.

I would have followed my schedule more diligently. In fact, deviating from it was my biggest stress factor. It is worth remembering that making a commitment to ourselves carries as much weight as a commitment to others.

I would have done things more intuitively. Sometimes, our very own trial-and-error process is the best path to diagnose and master shortcomings. All it takes is a little more trust in our own judgment on how to approach the task at hand, recognising that there is no magic formula to becoming the best students we can be. Most issues with how we approach our studies can be fixed, but we need to be able to identify them first.

I would have listened to the online lectures more frequently. Not only are they a great source for supplementing our notes, but they also provide a framework of the most important concepts on each module topic. The more we listen to the lectures, the greater our understanding of those concepts would be. My programme provides me with the advantage of having all lectures recorded and available on demand for a long period of time. Many on-campus students only get to hear each lecture once. It is therefore wise to make better use of these resources. The lecture scripts are also a hidden gem. I grasped topics much faster by listening to the lectures while following and highlighting the script.

I would have practiced more exam questions, ideally with a timer. To successfully keep within the time and word limits during the exams, our level of knowledge command and active retrieval must be somewhat "automated". It is not only speed that is of the essence here. So is precision.

I would have dedicated more time to preparing detailed answers for the activities in the module guides. The value of engaging in this self-testing exercise cannot be stressed enough! Yes, it may seem time-consuming at first, but what if going through each activity showed us that we already know more than we think? What if this was a tool for increasing our level of comfort with each topic? And what if this tool also taught us how to make better arguments? Internalizing the information from each chapter is the first step, learning how to apply it is the next. These activities are one of the best tools for it. If this were an article about boxing, I would have probably told you that the activities are among our best sparring partners for the big day.

Finally, such retrospection is only good if it is constructive. Your list may look different, but, in every case, let it be an inspiration for improvement instead of a source of resentment.

I hope this is your best academic year thus far!

"All it takes is a little more trust in our own judgment on how to approach the task at hand, recognising that there is no magic formula to becoming the best students we can be."

## THE AGE OF BEING CAREFREE

One of the precious and innocent stages of life which can never diminish from one's memories and that is being a child. The age of being loved and forgiven for all the mistakes one does is mainly due to being naughty and pampered by one's parents and loved ones.

Childhood is the best gift one can ever ask for, the moments where we as kids want everything under the sun and get spoiled with the choices of Dolls and Super heroes in front of us. The urge of having the entire toy shop as ours and to have the full carton of ice creams and chocolates all by ourselves. Wanting to explore all new things by touching them whatever comes in front of us just to hear many caring voices especially from our parents from behind echoing don't touch you will get hurt or the police will come and take you with them. And we as kids just listen, believe and move under the shadow of our dear ones. The moments we get hurt or need to be heard and the care which follows instantly, what else can we ask more from such memorable experiences filled with love and affection.

Never can we get those days and memories back, but one thing is sure the beautiful moments cherished and spent will always be very close to our heart to look back with a smile and share the same with the future generations.



**Sneha Singh**  
Specialist- Student affairs department



**Priyanka Dhole**  
Sr. Executive - Marketing



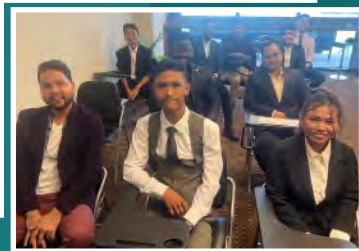
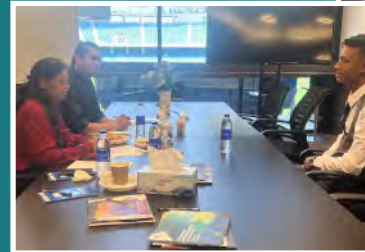
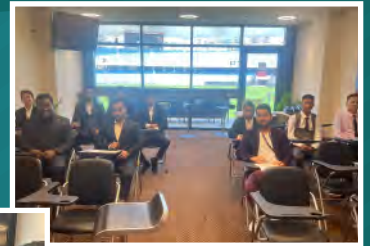
# EVENTS AT CAMPUS



Breast Cancer Awareness program  
Organised by our Academic Synergy Partner -  
Park Regis Business Bay



Interview for Tablez  
Food Company



Gitex Event



Interview for Tablez  
Food Company



Orientation day at Clap Restaurant -  
Premium Japanese restaurant  
at DIFC Dubai





**Congratulations!**



**DINESH KHAREL**

- NEPAL  
JOINED IN  
**STARLINE**  
AS - HOST

**Congratulations!**  
*on your campus placements.*



**Congratulations!**



**SHIKHAR TAMANG**

- NEPAL  
JOINED IN  
**sunset**  
HOSPITALITY GROUP  
AS - RUNNER INTERN

**Congratulations!**



**MUFARO MOTSI**

- ZIMBABWE  
JOINED IN  
**STARLINE**  
AS - HOSTESS

**Congratulations!**



**KAMLESH KUMAR HALWAI**

- NEPAL  
JOINED IN  
**STARLINE**  
AS - HOST

**Congratulations!**



**ANNE KASUNI**

- SRI LANKA  
JOINED IN  
**PARN REGIS**  
AS - HOSTESS

**Congratulations!**



**HERVEE FOGANG**

- CAMEROON  
JOINED IN  
**STARLINE**  
AS - HOST

**Congratulations!**



**MUKUL SHARMA**

- INDIA  
JOINED IN  
**MARKS & SPENCER**  
AS - SALES PROMOTER

**Congratulations!**



**SONU MAGAR**

- NEPAL  
JOINED IN  
**MARKS & SPENCER**  
AS - SALES PROMOTER

**Congratulations!**



**TANISHA SIKRI**

- NEPAL  
JOINED IN  
**GITEX**  
GLOBAL  
AS - HOSTESS

**Congratulations!**



**SANJIWAN KUNWAR**

- NEPAL  
JOINED IN  
**clap**  
AS - INTERN

**Congratulations!**



**SHIVAM KAMBLE**

- INDIA  
JOINED IN  
**clap**  
AS - INTERN

**Congratulations!**



**IDAI PRAISE TINARWO**

- ZIMBABWE  
JOINED IN  
**clap**  
AS - INTERN

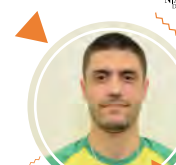
**Congratulations!**



**NURA MUHAMMAD GARBA**

- NIGERIA  
JOINED IN  
**STARLINE**  
AS - HOST

**Congratulations!**



**KARIM OMURI**

- ALGERIA  
JOINED IN  
**MARKS & SPENCER**  
AS - SALES PROMOTER

# PLACEMENT FEEDBACK FROM STUDENTS

The placement experience was really good with Nest Academy. I have always got full support and assistance from Nest Academy's faculties, students affairs team, placement team, and other office staff. I am really happy with Nest Academy's initiatives as they help to upgrade students' careers dedicatedly, and specifically I would like to mention my mentors Leon Sir, Joshua Sir, from placement team Mehak mam, Pratik Sir. They have worked hard for students' betterment. Thanks to all of them.



Shivam Vilas Kamble — Shivam Vilas Kamble

Thanks to Placement Team Nest Academy for helping me in getting this opportunity.



— Mukul Sharma

The placement experience was good. Cracking interview was made easy by our faculties by teaching us the required skills for appearing in an interview.



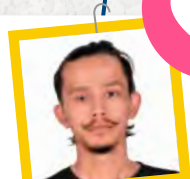
— Herve Fogang Tchuanwa

The placement team guided in building the apt CV for me and assisted at every step of the interview process



— Idai Praise Tinarwo

First of all I'd like to thank placement team for providing me an internship opportunity and the placement experience was good.



— Sanjiwan Kunwar



## WHATS HAPPENING DUBAI?



### BALLOON ADVENTURES DUBAI

Balloon Adventures Dubai has created a world first hot air balloon tour where passengers get to share the skies (and basket) with falcons, as they experience a one-of-a-kind aerial adventure 4,000 ft above the Arabian sands.

It is Dubai's longest operating hot air balloon organization with well trained staff that with huge years of flying experience, you'll be in safe hands as you glide above the Dubai Desert Conservation Reserve. The adventure starts at sunrise, followed by a serene hour-long flight that is worth the early wake-up.

One can enjoy stunning views of the rolling red sands, rising sun, grazing gazelles and majestic Hajar Mountains.



### CAN YOU FIND THE FOUR HIDDEN WORDS?



## MOVIE RECOMMENDATIONS



### THE SANDLOT

The Sandlot is about a group of boys who love baseball and spend the summer playing ball and getting into trouble. The film harkens back to a time before social media, smartphones, and excessive use of the internet. The boys play ball outside all day long, all summer long, having sleepovers in a treehouse and telling scary stories to each other.

### MADELINE

Terrified at the prospect of her beloved school and home being sold, Madeline, a young French girl, tries to save it. Using her smarts and craftiness to attempt to save it, she makes an unlikely friend in the process.



16

06

68

88



98



GUESS THE NUMBER OF THE SPACE IN WHICH THE CAR IS PARKED IN 30 SECONDS?

Answer: 88

(Invert the page to view the answer)



### HOME ALONE

Eight-year-old Kevin is accidentally left behind when his family leaves for France. At first, he is happy to be in charge, but when thieves try to break into his home, he tries to put up a fight and protects his house.