



**From the Desk**

## For the Love of Our MOTHER NATURE !!!

It's the EID occasion in the UAE - the 2nd long-awaited, long-holiday time of the year coupled with 2 months of summer breaks for school. Planning for the holiday trips?

"Where do we go? It's scorching hot in here. Let's book a tour to Europe or just the UK or how about the USA, even Thailand or Maldives will do because it's better than here. I want to get out of this heat !!" - such are generally the talks going on amongst most of the families or offices over lunches or coffee breaks.

So what's in Europe? The Swiss Alps, the natural beauty of the English countryside and the Highlands in Scotland, the vineyards in France, the beaches in Spain, etc. The USA offers its beaches in Miami, the Grand Canyon, the Niagara Falls, and many others. Thailand, the Maldives, is known for its picturesque beaches. A holiday well-spent and we return home relaxed, refreshed, re-energized, and rejuvenated!!!

When we really think about it, aren't we returning to Mother Nature to have a good time, a better living, and improved quality of life? If the answer is yes, there arises another important question; isn't it the most obvious and sensible thing to conserve, preserve and protect the Nature around us and our Universe at large?

While there are movements and initiatives taken at a global level to ensure Nature conservation and sustainability, it certainly has become imperative and an extreme need of the

hour for each one of us to think and utilise resources wisely not just for the present world we live in, but from a futuristic perspective of our further generations and for them to continue living on.

'It always starts with small and simple steps' or 'It all begins at home' are cliched lines but so true in essence. It would not take a lot of effort to initiate and practice small, simple, yet highly impactful things in our daily lives.

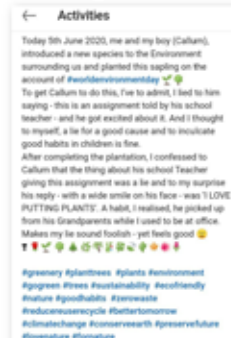
We all are aware of the 3 R's model, but how many of us adhere to it?



Consider these facts, and what if we try making them a habit:

- Switch off as you go
- Printing whenever necessary
- Recycling at every possible opportunity

Talking about beginning from home as a parent, here is a small personal story I would like to share about instilling Nature-loving habits into kids at a raw age.



Well, Yes, It's about educating ourselves, the people around us, our kids, and the society and community to take these small steps. If everyone starts thinking alike, that's when the 'Power of compounding' kicks in - and then it's not just you and me - it's the entire population of this world, 7.75 billion contributing to the Conservation of Nature by playing their small part, yet making a huge difference and a lasting impact.

Hence let us all pledge to continue doing our bit so that the trees stay happy, the environment stays happy, the NATURE STAYS HAPPY. Perhaps we as inhabitants of this Universe stay so glad and can continue to enjoy those holidays, adventure trips, and Nature breaks.

Happy EID and World Nature Conservation Day to everyone !!

**-Leon Corria**  
Manager-Academics  
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## SNEAK PEAK

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# EVENTS ON CAMPUS

# EXPO 2020



## AN EXPERT SESSION ON CUSTOMER SERVICE

By - Ms. Khin Thein



## ORIENTATION



# LIFEHACKS: BUILD YOUR SKILLS



## Basics of IT and Digital World



## Cooking Demonstration



## First Aid



# Our Planet



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Without a doubt, Earth has always been a giving planet. The natural environment around us has always given humanity everything they've needed to exist and prosper, including food, water, medicine, materials for shelter, and even natural cycles like climate and nutrient cycles. The acknowledgment of such benefits dates back to thousands of years, and maybe even farther if one considers the cave paintings at Lascaux as proof, according to scientists who now refer to these offerings as "ecosystem services." But because of how cut off we are from the natural world, it is simple—and frequently convenient—to forget that nature is still kind even while it slowly dwindles.

Although technological and industrial development may have distanced us from nature, it has not altered our reliance on it. Most of what we use and consume daily still results from numerous interactions with nature, many of which are in danger. Beyond such material things, the natural world offers less material but no less significant gifts in the form of spirituality, beauty, and the art.

## Conserve the Natural World: A Gentle Reminder

There is no absolute doubt that Earth has been a giving planet. From the beginning of the human race, nature has been the primary source of resources and has helped us survive and flourish by providing us with food, water, shelter, and even medicines. But with the rise of the technological world, we have become very disconnected from the natural world. Even after so many years nature has still been very giving. We humans take nature for granted, and as a result, it is vanishing bit by bit every day. It is essential, especially in these dire times, that we start working towards conserving the very thing that sustains life. Though this realization must be seen on an enormous scale and very soon, we cannot just keep waiting for it to happen. What we as an individual do daily will impact the world at large. And however small or insignificant it may seem, it will be a step ahead in the right direction. We are practicing simple things such as Recycling, Reusing, saving water and electricity wherever possible, cutting down on plastics, and so on. Such efforts will go a long way in reducing the damage we are causing to the natural world. So keeping it simple, we can do our part in conserving the beauty of nature by protecting our precious Mother Earth.



**ANISH ROUSHAN**

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**HERVEE EMMANUELLA LAGO**

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Maintaining the natural equilibrium of planet Earth requires taking care of the environment in which all living things—including us—exist. It is more important than ever to start forming daily routines that will enable us to preserve nature, given the constant growth of the human population and the systematic destruction of the planet's flora and animals. Respect and ecological preservation are effective ways to safeguard nature.

Through awareness, appreciation of its abundance, and conservation of each species, environmental education can bring us closer to the fundamental ideals of loving and respecting nature. We may always make the most of our free time and take vacations to engage in outdoor recreation, practice sustainable tourism, travel to parks, biosphere reserves, and other protected places, as well as nature preserves and botanical gardens. To become familiar with the astounding richness of the various ecosystems on our globe.

Wherever you go, you must implement specific measures to protect and respect ecosystems, animals, and plants, such as:

- Avoid igniting garbage dump fires or forest fires. It is crucial that we don't contribute in releasing greenhouse gasses like methane into the environment
- Not uprooting plants and more importantly, not altering natural ecosystems
- Avoid mistreating animals and refrain from participating in activities promoting animal cruelty.
- Participate in environmental activities like group litter-clean-ups, trash from beaches and walkways, etc.

We must never forget that while nature may exist without humans, we cannot exist without nature. We must alter our behavior since it is the only way that future generations will be able to live and enjoy a healthy planet.

Unfortunately, over time, humans haven't exactly been the best custodians of the planet. We all must be proactive in adopting cleaner lifestyles to safeguard the environment and preserve the earth for our children and future generations.

We are all consumers of products, whether it is gasoline, food, apparel, motor vehicles, household goods, water, toys, technology, trinkets, or other items. The solution is to stop being greedy consumers and begin paying attention to how our actions and purchases impact the environment.

Some ways to protect our environment are as follows:-

1. Avoid unnecessary consumption of non-renewable resources.
2. Composting.
3. Prefer reusable items.
4. Do more upcycling.
5. Do appropriate recycling.
6. Purchase used goods.
7. Shop locally.
8. Use fewer chemicals.
9. Take the bus, bike, or carpool.
10. Conserve water.
11. Make effective use of your purchasing power.
12. Conserve electricity.



**JOEL JOHN**

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# We are nature, and nature is us

Humans gain much from nature. Nature improves our welfare and freely supplies the necessities of life, including the air we breathe, the water we drink, and the food we consume. The advantages of nature to human health are astounding. The most crucial element provided by nature for living is oxygen. Nature controls the entire respiration cycle. Trees provide us with the oxygen we breathe and take up the carbon dioxide we exhale.

The planet's natural resources are finite and cannot be quickly replaced. Most of the resources, including forests, minerals, fossil fuels, and water, have been depleted due to the fast development of urbanization. Humans have carelessly exploited nature's resources in their pursuit of a comfortable lifestyle. Massive deforestation, the ensuing contamination of the environment, the extinction of species, and global warming are all grave risks to the existence of all living things. Smoke, industrial emissions, automotive exhaust, burning fossil fuels like coal, coke, and furnace oil, and using certain chemicals all contribute to the pollution of the air that provides us with the oxygen we breathe.

Pollution produced by air and soil is brought on by waste and debris that are dumped around. Water is contaminated by sewage, industrial waste, oil spills, and chemicals. Cholera, jaundice, and typhoid are just a few water-borne illnesses it inflicts. Future generations will suffer if we do not protect the environment; this is why it is so important. We must prioritize protecting the environment so that it can continue to take care of us. We cannot disregard the urgent necessity to preserve nature in the modern day.



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## Lifestyle changes to be made to conserve nature

Natural conservation refers to conserving the existing flora, fauna, and our environment to make the world healthy by applying the best methods and techniques. It is highly focused on the preservation of those plants and animals that are on track to extinction. There are several ways to conserve nature. One of those several ways is "changes in our lifestyle." The slogan for the world nature conservation day 2022 suggests, "progress is impossible without change, and those who cannot change their minds cannot change anything." The slogan is also highly related to nature conservation by employing a lifestyle change. Some of the lifestyle changes to conserve nature are by following the 3 R's- reduce, reuse and recycle.

Let's think and learn how to adopt these three steps rather than making improper disposal of wastes. Let's promote and use environment-friendly means of transportation rather than those that create pollution. Let's seek other suitable solutions to meet our needs rather than deforestation. It will assist in preserving wildlife and enhancing the quality of the atmosphere. Let's buy less and avoid extravagant expenditure & unnecessary consumption. It reduces waste and also saves money. Furthermore, the money should be spent on positive environmental changes. Let's promote production and make maximum use of local products. It is necessary to stop the excess import of chemicals and waste-generating items. Let's encourage using renewable energy sources to fulfill our daily needs. It is good to use non-renewable resources less to save nature. Let's build a habit and a system of planting a certain number of plants in a specific year per family in an area. Also, develop a plan of replacing a new plant in case of death or cut down.



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# FACULTY'S Words of Wisdom

The main objective behind celebrating the day is to conserve trees and animals on the verge of going extinct from Earth's natural environment. The day also recognizes that a healthy environment is a foundation for a stable and productive society and even ensures the well-being of present and future generations.

Some of the famous quotes on World Nature Conservation Day are as below -

"What we are doing to the forests of the world is but a mirror reflection of what we are doing to ourselves and to one another." - Mahatma Gandhi

"Conservation is a great moral issue, for it involves the patriotic duty of ensuring the safety and continuance of the nation." - Theodore Roosevelt.

"Conservation is the state of harmony between men and land." - Also, Leopold

"The Earth is what we all have in common." - Wendell Berry

"The Earth will not continue to offer its harvest except with faithful stewardship. We cannot say we love the land and then take steps to destroy it for use by future generations."- John Paul II

Hence, it is not wrong to say that the health and well-being of a person are directly proportional to the time he is in touch with nature. Love nature and conserve it.

Have a delighted World Nature Conservation Day.



**Mr. Smitesh Sanone**  
Faculty- Hospitality  
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## EVERYTHING STARTS WITH **US**

A proverb says, "don't ever play with mother nature." Indeed, if we want to explain this proverb well, look at what is happening to us nowadays. Due to the significant harm caused to the 'father' environment and 'mother' nature, we now have to face devastating consequences in various disasters, such as global warming, colossal climate change, and the extra hot UVB that causes cancer, floods, and more. The only and foremost reason for demolishing reality is humans' greed. We can see that human nature doesn't get enough of anything new and good. They keep using what is good until it becomes their bad destroying addiction. But this time, it's not personal destruction but a whole one of the entire world and the next generations. However, we can still save what's left from this divine nature and world, and when we say 'we,' it's us, all of us human beings, with all our categories.

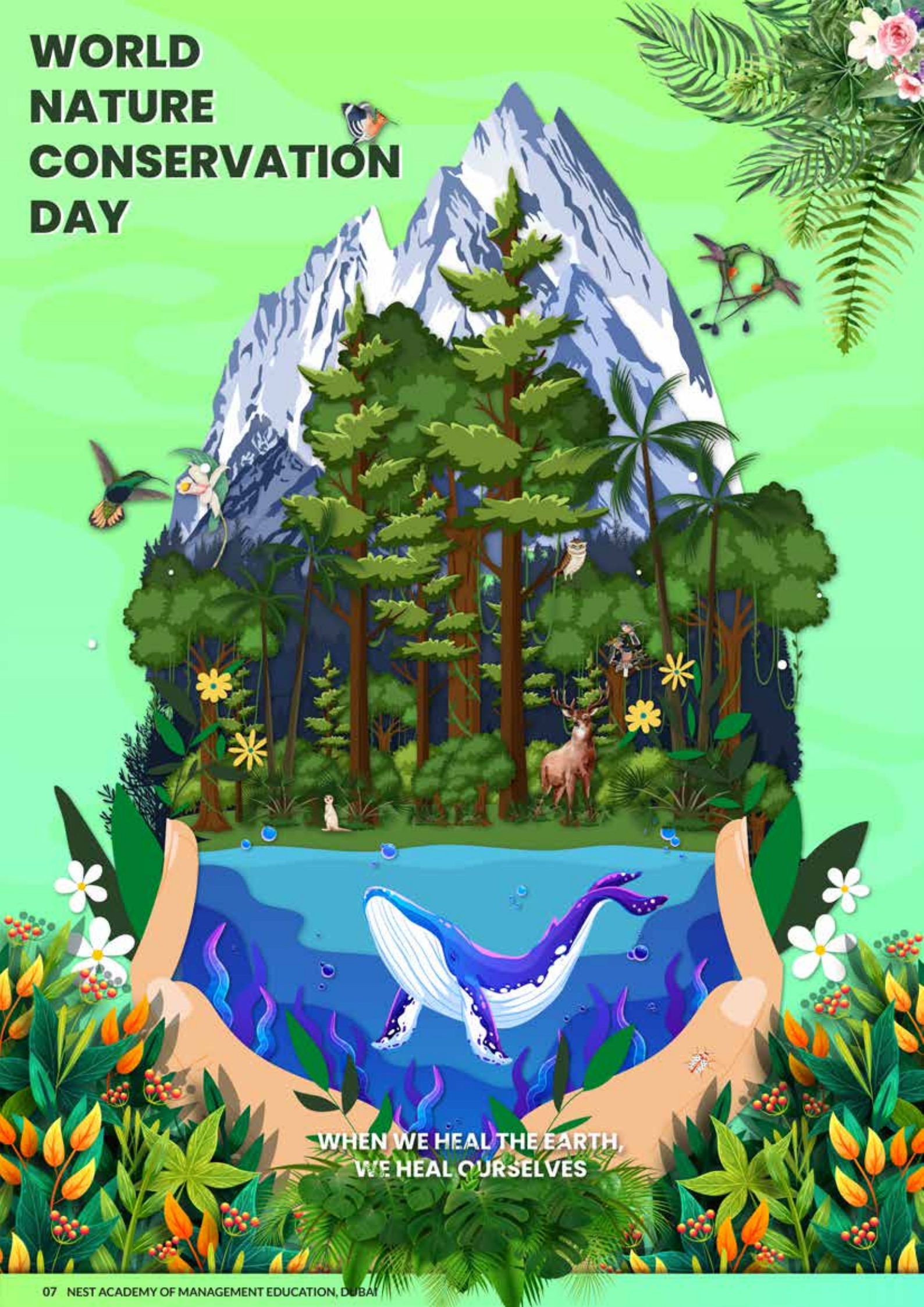
It always starts with our behaviors, mentality, and awareness of the danger that is encountering and threatening us. First, we should stop throwing our garbage everywhere and respect the natural resources and elements, from water to the trees, the ground, and soil. Second, we should change our entire lifestyle by using the recycled materials in everything we use daily, whether the plastic bags or the plastic cups, to the use of unfriendly nature products. We should start replacing what is harmful with curing substitutes. We must also stop using pesticides and fatal substances to feed our greedy satisfaction.

As you can see, people can't wait longer for the regular season to grow the plants and vegetables, so they depend on fatal artificial substances to grow them swiftly and all day of the year. What makes us understand why the tomatoes and other fruit and vegetables are tasteless and weird. To conclude, I can only say one thing- if you have to understand what revolution and technology are doing to our bodies and nature, observe what it is doing to the things we are using, like a deformed tomato with no taste. Instead of using superior technology and revolution to destroy what's left of this world, let's be fully aware of using it to protect our environment for our kids and the next generation by assuring our continuity.



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Course Coordinator  
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# WORLD NATURE CONSERVATION DAY



WHEN WE HEAL THE EARTH,  
WE HEAL OURSELVES

# FUN CORNER

## DO IT YOURSELF!

DIYs are super easy to make and not to mention the positive effect it has on the environment. It is a great way to live a sustainable life by following the three main R's- Reduce, Reuse, Recycle. In honor of World Nature Conservation Day, here are fun DIYs projects you can take up to celebrate the day.

- Bird Feeder
- Pen/Pencil Holder
- Tote Bags
- Planters
- Quilt making
- Build a Wind Chime



You can also follow Homedit and other similar channels on YouTube for cool DIY activities!



## DOCUMENTARY RECOMMENDATION



### Virunga



This documentary follows a valiant gathering of park rangers in their battle to protect the Democratic Republic of Congo's Virunga National Park. The park is a UNESCO World Heritage Site and the home to the Earth's last remaining mountain gorillas. Furthermore, it is the most hazardous place for rangers who work in preservation. The area and its fauna are under steady danger from poachers, militia and organizations taking advantage of the forests' assets. Strain converts to viciousness when the rebel group M23 seizes a large part of the area. Fortunately, the gorilla population have significantly increased since 2014 and environmentalists are working with locals to construct new businesses and alternatives to war.

Oscar award winning actor and Earth Alliance co-founder Leonardo DiCaprio collaborates with National Geographic to spread awareness about climate change. With the increase in deforestation, pollution, global warming and other consequences of human greed- our planet is at the verge of extinction. The documentary gives the viewers a whole new perspective about the current situation. It explores solutions like decreasing meat consumption, living sustainability, electing leaders who will protect our planet and so on. This documentary is a great way to educate yourself and your family about climate change.

### Before the Flood

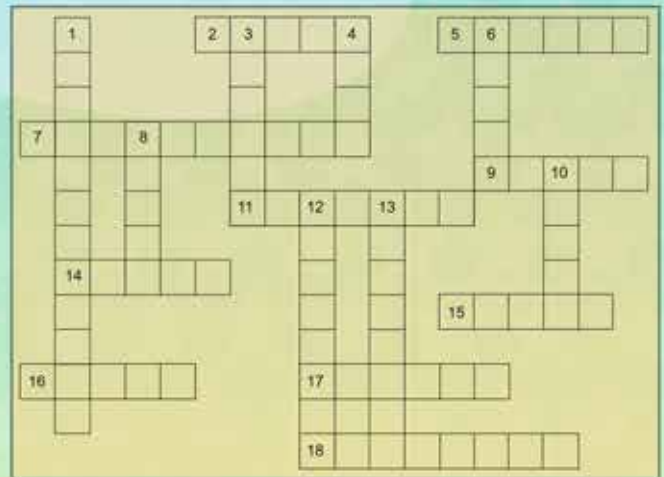


## WORD SEARCH



WIND | ECOLOGY | COMPOST | PROVIDE | SUSTAINABILITY | REUSE | GREENHOUSE | RECYCLE | RESTORE | CLIMATE CHANGE | GARDENING | PROTECT | POLLINATORS | SOLAR | ORGANIC | MULCH | PRESERVE | WATER | EARTH

## CROSSWORD



### Across

2. This material made from sand can be recycled.
5. Large grouping of trees
7. Taking care of
9. Our planet
11. One of the 3 R's
14. Garbage
15. Rivers, Lakes and oceans are full of this
16. Opposite of dirty
17. One of the 3 R's
18. April 22

### Down

1. Coal, oil and natural gas are this type of resource
3. Don't \_\_\_\_\_
4. Brown haze that hangs over cities
6. There is a hole in the \_\_\_\_\_ layer
8. These grow in forests
10. One of the 3 R's
12. Use only a little
13. Think about

18. Earth Day  
15. Water | 16. Clean | 17. Reduce

1. Nonrenewable | 3. Litter | 4. Smog  
5. Ozone | 8. Trees | 10. Reuse  
12. Conserve | 13. Consider

Across

Down