

## Campus Chronicles

Read. Live. Inspire. AUGUST, 2021



It gives me immense pleasure to address the readers of the maiden issue of the Campus Chronicles – our academy magazine. We have been passing through times that are transformational, challenging yet opportunistic. I am elated to see that more and more students from across the globe are taking the ambitious and rewarding decision of taking up higher education in progressive developed cities like Dubai, UAE for new age qualifications with Nest Academy of Management Education, taking the count of diversity at our campus to more than 30 nationalities now. The Pandemic has not deterred their dreams and we at Nest Academy are here to do everything to equip the students to materialize their dreams.

I thank the leadership of the Nest Academy group for continuing to support the effort of the Dubai Campus of providing affordable Quality British Education with work experience in a developed city like Dubai, with generous *Covid Scholarships* consistently across three admission intakes. I sincerely thank the leadership of UAE and Dubai in these pandemic times for taking unparalleled measures to secure the lives of its residents by being the prima donna in vaccination drive, to providing free quarantine and treatment to its residents to open the economy earlier than any other developed country could.

Nest Academy has quickly adapted to the new normal, the digital world coexisting with the physical world. We have pioneered in Dubai the initiative of having hybrid lectures, where students are able to attend physically, maintain the social distancing norms, and the same lectures relayed live for students to attend online and facilitate the recordings of these lectures to those students who have missed attending physically or live-online by referring to the recordings.

As a result of the tireless efforts of one of the most experienced team of professors in the field of vocational higher education, Nest Academy is proud to announce that we have consecutively cleared two external quality assurances from the UK exam bodies, and hence been able to award certificates of qualifications to two batches of students consecutively. We are eagerly waiting for more batch's certifications which probably, before the next issue of the Campus Chronicles we will be announcing the positive outcomes.

The student council and on-campus team of Nest Academy has done a phenomenal job at engaging the students in various activities on the sporting and cultural front for the overall welfare of the student community. Majority of our students have found industry internships to apply the learnings of the classroom in real life and learn the corporate lessons live.

We have expanded our suite of university progression arrangements and added 4 more countries, taking the tally to a total of 12 developed countries where our students can now migrate to and take credit transfers and progress further in their global journey.

These achievements that range from academic front to student engagement to global mobility, is not for us to rest, but for us to take inspiration from, strive harder to achieve more laurels and beat further benchmarks. We aim to achieve more academic laurels, more distinctions, more graduations, more events organized by the students, more competitions to win, more internships and more global mobility. Nest Academy is truly a platform for those who wish to fulfill global aspirations and stand out from the masses. With the power of affordable global education accessible in developed countries, our students can become "Champions for life"!

Mr. Nirmal Shah

Director, Nest Academy of Management Education

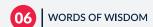
#### **Sneak Peak**











## **PARTNERSHIPS**

Students at NEST Academy were introduced to 4 new partnerships in the month of July 2021.









## **Student Council**

Meet our NEST Academy Student Council Committee members!



**AMAKA GLORY IGWE** President



NISHANT **VERMA** Vice President



**RANIA HEBBACHE** Treasurer & Secretary



**AMANDA MEADOWS** Head of General Administration



**AYESHA USMANI** Head of **Graphics Design** 



**KRISHAB BHATTARIA Head of Officials** Management



FRED **MURENZI** Head of Welfare & Logistics



**CASMIRO MULENGA Head of Sporting Entertainment Activities** 



**FARAI NYAMUKONDIWA** Head of Technical & Videography



MD. SINATUL **ISLAM** Head of venue setup and coordination



**Open House** 

assessment for our students!



# NEPAL



RWANDA

### INTERNATIONAL DAY 2021

The role of culture is that it's the form through which we as a society reflect on who we are, where we've been, where we hope to be. - Wendell Pierce

International Day 2021 was organised by the members of the Student Council Committee and a group of student volunteers to give the student community and faculty an opportunity to showcase their cultures and celebrate the diversity of it at NEST Academy of Management Education.

The cultures of over 20 countries were exhibited by the students and faculty through dance, music, food and presentations. There was dynamic interaction between everyone as they presented their cultures and traditions and at the same time were intrigued by the same of other countries. The students from Nepal won the Student's Choice Best Exhibitor award and the students from Rwanda won the Best Country Representation award.

Speaking to Armaan Khan who represented Nepal he said: "Representing my country away from our country gives me goosebumps. I have gained a lot of knowledge about other cultures and countries too. I thank NEST Academy and the Student Council committee for organising this event and giving us the opportunity to celebrate the cultural diversity at the Academy.



## NEST Academy CUP 2021

The NEST Academy CUP 2021 was scheduled this year at The Aquila School Grounds in Dubai. 6 teams participated in the 7-a side tournament. The entire event was sponsored by Uninest Student Residences.

It was thrilling to see so many students participating in the event not just as players but by being amazing spectators who were constantly cheering for their favourite teams and it was an exhilarating experience for all the players.

Mr Gladwyn Victor, Head – Academic Quality Assurance, appreciated all the efforts of the organizing committee and the back-end support staff who made sure this event was a success. Mr. Nirmal Shah, Director, spoke about how events such as these help students to develop organisational skills and learn life lessons making our students Champions for Life.

Special thanks to Mr. Fabian Granados, who initiated the idea of this football event and Olasupo Abebesin for being the Chief organiser of the NEST Academy Cup. Casmiro Mwape Mulenga from Zambia was the captain of the winning team who was very happy to win this very competitive inaugural tournament

## Nest Academy Induction Day for July 2021 Students

Induction day is the day where a student marks the beginning of the session of academic journey and campus life, where they get the first feel of college, Meet their batch mates for the first time and get acquainted with the faculties and staff members of the college.

Mr. Vishwas Shetty and Ms. Justine Potiniere from Student Affairs welcomed all the students with a brief introduction. Mr. Gladwyn, The Head of Academics, addressed the students with a presentation and welcomed the students to the college by showing them a few glimpses of the academy. He mentioned the importance of attendance in college and discussed how the college is actively involved in generating a global outlook for the students. He also briefed the students on the structure of their academic course.

The presentation was followed by a campus tour by Ms Priyanaka Dhole and Ms Justine. The induction day concluded with a Vote of thanks. Refreshments were served to students after the event as they interacted with their fellow students, faculty and staff members. It was a fruitful and enriching session for all the students.



**Fred Murenzi** ATHE Level 4 - Sports Management



### NEST & FURIOUS

The NEST Academy of Management Education organised the event: Nest and Furious on 4 July 2021 at Drift Zone, Dubai International Cricket Stadium. This event lived up to its name and entertained us all.

This event gave us a chance to meet with all the faculty members too. It was a lot of fun and the drifting was easier than it looked. I hope we will get more similar events from Nest Academy. We would also like to thank all the members of the Student Council Committee for leading their first event in a very organised manner.

I am very grateful to be a student at the Academy. I would like to express my special thanks to Mr Namal Balasuriya, Mr Vishwas Shetty and my friends for encouraging me to participate in this event. We look forward to more events like this in the future.



Arman Khan (1<sup>st</sup> Runner up) ATHE Level 4 - Computing

Claire Murenzi ATHE Level 4- Business and Managment





"Call it a clan, call it a network, call it a tribe, call it a family: Whatever you call it, whoever you are, you need one," said Jane Howard. Our near and dear ones mean the world to us. their love, care and support is what one yearns for in life. It is vital to have a relationship which has love, respect and mutual understanding in it.

It's key that you have people in your life who you love unconditionally which means you accept them just the way they are, with their positives and negatives. In the long run, it really does not matter if they are related by blood or not; what matters is the commitment of friendship. With the passage of time relationships get stronger because, by then those friendships have stood the test of time. As with all relationships, there will be ups and downs but once you overcome them that is when you make lasting bonds. Friends play a vital role in a person's emotional and social development. Loyalty is one of the main qualities one should look for when making friends. A sincere friend does not have to be the brightest, most enthusiastic, humorous, energetic, or creative but who is sensible, emotional and sensitive.



By Ayesha Usmani ATHE Level 4 -Diploma in Events Management



The Equality and Human Rights Commission defined human rights as the basic rights and freedom that belong to every person in the world, from birth until death; and these rights are based on shared values like dignity, equality, respect independence. These values are defined and protected by law. (Equality and Human Rights Commission, 2019)

The United Nations Human Rights Commission added that this principle hinged on the ability to be universal and inalienable. indivisib**l**e and interdependent, egual and non-discriminatory and are both rights and obligations. (UNHRC, 1996-2021)

Having heard all these, are you

wondering like me, "why on earth do we have a flagrant disregard for human rights in our homes, offices, educational institutions, movie industry, establishments, government communities, religious institutions, health industry, events industry, and everywhere people congregate?'.

#### WHAT IS GOING ON?

Here's my personal opinion on this, **PROTECTING MY HUMAN** RIGHTS IS MY RESPONSIBILITY. Taking inference from Jesus' admonition to Peter, "...and when you recover, strengthen the other disciples." ( GOD'S WORD® Translation, 2021); once I've secured and lived everyday enjoying my rights, I will advocate for those around to have their rights protected as well.



- Q. What is your Name and What Course you have enrolled for at NEST Academy?
- My name is Mohamed Diop and I have enrolled for a Diploma in International Sports Management.
- Q. Why do you want to major in Sports?
- A. I like sports, also I like the idea of directing, guiding, helping. I am a sociable person but also very competitive, and I can see myself one day helping young athletes in the fulfilment of their dreams.
- Q. What do you like about being in Dubai?
- A. I like discovering a new city. I like the friendliness, politeness, and kindness of the residents, also we feel safe and there is a lot of activity to do and places to visit.
- What extracurricular activities are you involved in and what do you do in your spare
- When I was in elementary school, I liked to draw. I am also interested in theatre pieces. In my spare time, I read a book, write a text, draw, play sports or browse social networks.
- Q. What does being successful look like to you?
- A. For me success is first of all to have a clear conscience (peace of mind), the material things also count but it is not the most necessary. As long as I am left with my conscience, that I am not hurting anyone around me and my family is proud of me, and that I have the bare minimum; a bed to sleep and something to eat, it is success for me.
- Q. How would you want to contribute to our college community?
- I would like to take part in all activities organised by the college. Being a new student, I am already involved in a lot of activities of the school in all areas, because I consider the school as a second family.



By Mohamed Diop Diploma in International Sports Management

#### **ACTIONS TO TAKE TODAY!**

- Let's fight to protect and enjoy our BASIC **RIGHTS** to dignity, equality, respect and independence!
- Let's not infringe on the basic rights of those around us in a bid to enjoy your life: **BE CONSIDERATE & EMPATHETIC**
- Don't keep quiet when you see another person's right being violated, let's be ONE **ANOTHER'S KEEPER**



By Amaka Glory Igwe Diploma in International **Events Management** 

## La Vie

Beaucoup de gens me demandent s'ils sont sur le bon chemin, C'est une question qui revient sans cesse. Les doutes, les peurs de se tromper de v oie, De faire des erreurs assaillent l'esprit en quête de vérité. Mais qu'est-ce que le chemin? Le chemin n'est-il pas celui o ù vous vous trouvez à l'instant? Comment pourriez-vous être hors de votre chemin?

Votre vie, les circonstances de votre vie, C'est cela votre chemin, c'est pourquoi il existe autant De chemins que d'individus et personne ne peut vous dire De suivre le même chemin que lui.

Votre vie vous met en relation avec les événements Les plus propices à votre éveil.

On a tout le temps qu'il faut et rien ne presse, Pourquoi d'ailleurs être pressé d'atteindre un but, Pourquoi cette impatience à désirer autre chose que ce qui est là? L'impatience ne fait que créer de l'anxiété et On se prive de goûter la joie de l'instant. Tout a un sens et rien n'est là par hasard, Tout ce qui se présente à vous est ce qui peut vous arriver De mieux dans le moment présent, même si parfois C'est difficile ou douloureux.

Les expériences les plus dures à vivre sont toujours Des occasions de nous remettre en question et de regarder En nous même ce qui se passe. Ce que l'on considère comme erreurs sont en fait des passages De notre vie qui mettent en lumière nos fonctionnements, Nos rapports avec les autres et avec notre environnement.

On est toujours en train de désirer autre chose que ce qui est là Et on place notre salut ou notre éveil dans un devenir futur.

C'est une croyance de croire que l'éveil arrivera après Avoir travaillé et travaillé encore et que cet éveil arrivera Demain ou après-demain, dans un an ou dans 10 ans. L'éveil ne s'est jamais produit et ne se produira jamais demain, Dans une heure ou dans 10 ans, l'éveil c'est maintenant, L'éveil se produit toujours dans l'instant présent, Dans cet unique présent. Tant que l'on attend qu'il se produise, Le voile ne se déchirera jamais.

On passe notre vie à attendre toujours autre chose, La semaine on attend le week-end et ensuite on attend Les vacances et ensuite une soirée entre amis et on attend Toujours et lorsque arrive le moment de goûter à la joie de l'instant, On attend encore autre chose, mais la joie c'est maintenant, Ce n'est pas demain qu'on la ressentira, lorsqu'on ressent de la joie, C'est toujours dans l'instant présent.

Pourquoi vouloir atteindre un état particulier, Pourquoi désirer s'éveiller?

D'une manière ou d'une autre.

Tant qu'on entretient de tels désirs, on est dans le devenir, Hors on a pas à devenir ou à grandir, on est déjà cela, on est Déjà l'infini silence d'amour et cela se révèle lorsque L'on abandonne tout désir de devenir autre chose Que ce qu'on est à l'instant.

Voir, observer et ressentir. Etre totalement présent à ce qui est là en cet instant. On aura beau travailler très dur inconsciemment à conserver Notre identité, une image de nous même ou notre ego, La lumière de notre présence silencieuse fera irruption

Pourquoi être pressé?

Cette vie n'est qu'une page dans un roman infini.

On est ici pour goûter à la vie, Pour explorer et découvrir, explorer comme un enfant Qui va à la découverte de son environnement, Ses découvertes l'émerveillent, ses yeux brillent de joie Et même s'il chute, s'il trébuche, il se relève Et repart le cœur heureux.

La voie ou le chemin ce n'est pas seulement adhérer à une religion, A un mode de vie, à une technique ou de suivre des enseignements. Cela fait partie de votre voie, mais ce n'est pas la voie. La voie c'est votre vie dans son ensemble Et vous y êtes en plein dedans.

Observez comme toutes les voies qui sont proposées sont restrictives, On vous demande de faire ceci et cela, de ne pas faire ceci ni cela, De faire comme ci et comme ca, Alors on fait gentiment ce qu'on nous dit Parce qu'on « croit » qu'ils savent ce qui est bon pour nous.

Oui bien sûr, des effets se font ressentir, On peut également développer des « pouvoirs » qui vont Satisfaire notre ego et créer une « belle » image de nous même A montrer aux autres.

Mais l'éveil dans tout ça ? Quand est-ce qu'il survient ?

Après des années et des années de pratique ? Ou peut être jamais ?

En tout cas c'est toujours pour plus tard et On passe à coté de l'essentiel.

L'essentiel est là, dans l'instant présent. Alors pratiquez pour le bonheur, pour la joie, mais n'attendez Rien d'autre de cette pratique que ce qu'elle Vous apporte à l'instant.

Soyez heureux et détendez-vous, tout est en ordre sur notre planète.



## Balancing Academics and Internships

A lot has been talked about and discussed on the amalgamation of academics and the corresponding Internships annexed towards it. Additionally, there have been in-numerable articles and debates as to how the Internships can sometimes be elusive-boon as well as bane-curse.

Seeking and incorporating my understanding into this thought process and in regards to my own college life, internship and experiences - there are few trade-ups or should I say - effective ways to balance out academics and Internships effectively and smoothly.

#### Prioritize

Before you take up any new task, analyze how important it is and compare it with your current work and college activity-work if any. Rank your tasks in order of significance to balance your upcoming obligations and tasks. While giving your best in every work is essential, you need to ensure that your priorities are satisfied to meet your future goals.

#### Stick to your schedule

Creating a schedule always helps to complete the tasks easier. You should stick to the schedule that helps you to balance your lectures, assignments and part-time work. If you schedule your tasks well ahead, then you can avoid falling behind and slacking off in your commitments. How can you do that? Marking due dates on a calendar helps you to keep track of your deadlines.

#### Set goals before the week starts

Always make it a habit to prioritize the tasks right from the beginning of the week. If you have exams coming up or a research paper to finish, let your internship provider know your difficulties so that your work can be amended and sorted out to the best of your needs.

#### Give yourself some time to relax

One of the most important tips to balance college schedule and internship is to keep some time to relax and have fun. Never get exhausted by taking up too many responsibilities in your hand. Indulge in things you enjoy such as hanging out with friends, reading books, picking up a new hobby, playing sports, or even watching a favorite TV show. This will enhance your working capabilities, which in turn help you to tackle responsibilities in a better way.

Balancing college life and an internship is not an easy task. However, if you set your goals by following a systematic schedule, you can accomplish all your tasks without sacrificing your education.

**By Prof. Smitesh Sonone** Hospitality Management Nest Academy, Dubai



#### **Change In Global Economy Post Pandemic**

Using Crisis as an Opportunity

As the dreaded pandemic continues to unfold and mutate into newer variants around the world, each one of us is left with one question in mind, 'When will this end?' or rather hoping that 'I want to live normally ... enough is enough!'

Amidst all this, we came across a lot of viewpoints and thoughts from experts and analysts around the



globe but an old wiser's quote that factually got implied was "In the midst of every Crisis, lies Great Opportunity". There's no denying the fact that businesses and lives have been drastically affected but newer avenues and opportunities opened up because the human mind was forced to think differently. Who'd have thought that the entire world would move on ZOOM. The EdTech industry is at its Peak; E-Commerce has boomed to the highest levels; New start-ups and Entrepreneurs have come into being.

This has certainly been emulated by individuals as well. Be it networking on professional/social media to gaining an added certification/qualification in digital domains, to even starting a healthy routine, or to even bringing the Chef out of You; Our lifestyles and perspectives have definitely changed and continue to evolve furthermore and like never before.

Adapt to it. Embrace it !!!

#### By Prof. Leon Corriea

Program Lead – Tourism and Hospitality Qualifications Nest Academy, Dubai

#### The Art of Stress-Free Productivity

Today in this world of limited time, we adults are in the race of searching time - time for family, time for a nap, time for relaxation, time for earning extra income and the same issues are faced by the student community to manage time for studies. The best way to solve this issue is to learn the art of GTD (getting things done) to make students themselves productive without any stress.

Stress is a disease and self productivity is the only medicine, which every individual should learn including students and make the best use of available time. Especially this pandemic has taught us that if we need to keep ourselves fit and fine mentally then we need to lubricate our mind with such productive medicines from time to time. Inorder to create a successful future students need to apply a productive approach towards time and get things done. A cluttered mind will make it difficult to decide what needs attention. Thus it is better to adapt a productive life by capturing, clarifying, organizing, reviewing and engaging the best ideas.

Remember the quote given by David Allen

"Your ability to generate power is directly proportional to your ability to relax."

#### By Dr. Trupti Shelke

Business & Event Management Nest Academy, Dubai

#### If you want it, you get it.

Once, there was a little boy who was invited to a fun day in the castle of a rich American businesswoman, who has a great fortune. That little boy was astonished by the gold statues that are spread almost in every corner of the house, the yard and at the entrance of the castle. Everyone was having fun, swimming in the pool and having a great time, while that boy was just staring at a statue beside him in the yard. The rich lady saw him, she approached and asked him why he's not with others having fun. He replied that he dreams of having a castle like this and that he hopes to own one in the future. The lady smiled and told him: "When I was a child like you, I always dreamed of owning a castle and being rich with fancy cars and a big family. I grew up and I studied, I started my career and I kept dreaming, I haven't stopped dreaming not even for a second. I worked hard and I became successful,  ${\bf I}$  earned money and  ${\bf I}$  had the chance to meet my wealthier husband. we got married and we lived in this castle where we are now, and I have a big great family of 7 kids. I'm telling you my story kid just to tell you that if you always dream of something, never give up on it. Continue dreaming and insisting on it and definitely, you'll get it one day. I believe that we only get what we strongly want and dreams can be our future plan with perseverance and strong will."

By Prof. Lara Bouty Language Studies Nest Academy, Dubai





## MINVIE RECOMMENDATIONS

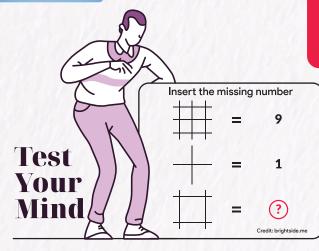
# Forrest

#### Forrest Gump (1994)

IMDB Rating: 8.8/10

"Life is a box of chocolate, you never know what you are going to get".

A movie that teaches us that no matter what our IQ, where we come from, what we are capable or inadequate at, if we face obstacles with patience we can transform our lives and the world around us.



# WELL-BEING TIPS

Wake up with Gratitude "Each morning we are born again. What we do today is

what matters most." - Buddha

Synopsis: Feeling grateful is one of the strongest emotions out there because it's both a feeling and an action: You actively think about the things for which you're grateful for which, in turn, makes you feel that way.

The best part is that it's incredibly easy to incorporate a small task into your daily routine so you start each day knowing just how blessed you are.



Credit: boredpanda.com

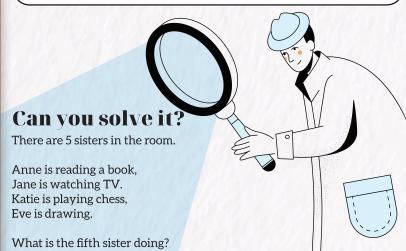


## A Good Read ..

#### The Miracle Morning - by Hal Elrod



The Miracle Morning is transforming the lives of tens of thousands of people around the world by showing them how to wake up each day with more ENERGY, MOTIVATION, and FOCUS to take your life to the next level. It's been right here in front of us all along, but this book has finally brought it to life.







## **International Day**

We are International!

A celebration of Cultural Diversity at the Academy















3-day field trip to TREPPAN Hotel and Suites in Dubai for our Hospitality Students



















students



#### Get in Touch With Us

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